Neue. 1618.

A new Almanacke and Prognostication, with the Forraigne Computation, serving for the yeare of our Lord and Sauiour Iesus Christ, 1618.

Being the second yeare from the Bissextile or Leape yeare.

Rectified for the Elevation of the Pole Artieke and Meridian of the famous Towne of great Yarmouth in Norfolke: and may serue generally for the most parts of great Brittaine.

Practised, penned and published, by Ieffery Neue, Gent.

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1618.

The Contents of this double Kalender, for the yere of our Lord God, 1618. which is the second yeare after the Bissextile or Leape yeare, according to the accompt and Computation of the Church of England.

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The space betweene Christmas and Shrouesunday, is 7. weekes and three dayes.

Shrouesunday	February 15
Easter day	Aprill 5
Ascention day	May 14
Whitsunday	May 24
Aduent sunday	Nouember. 29

Between Trinitie and Aduent are Sundayes 25.
Between Easter and Ascention is 5. weekes and 3. dayes.
Between Whitsunday and Midsummer, are 4. week. & 3. da.
Between Midsummer and Barthol. is 8. week. and 4 dayes
Between Barthol. and all Saintes, is 9. week. and 5. dayes.

The Forraine Computation.

The Prime or Golden number	4
The Circle of the Sunne	3
The Epact	4
The Dominicall Letter	G
The Romane Indiction	1
Shrouesunday	February 25
Easter day	Aprill. 15
Ascention day	May. 24
Whitsunday	June. 3
Aduent Sunday	December. 2

The space Betweene Christmas and Shrouesunday is eight weekes and fiue dayes.

A Briefe and necessary Computation of yeares.

From the creation of the world vntill this present yeare of our Lord God. 1618.	5588
From the Creation vntill the Flood	1656
From the flood to Christ	2306
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Since Nabuchodonozar the King	2366
Since Alexander the great dyed	1942
Since Julius Ceasar slaine with Wodkins	1607
Since the happy birth of our saviour Christ	1618
Since Jerusalem was destroyed by Titus,	1545
Since England receiued the Christian faith	1438
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Since the science of Printing was inuented	158
Since K. Henry the 8. wonne Bullogne	74
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Since Pauls steeple fired by Lightning	57
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Since the deepe Snow	39
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Since the Campe at Tilbury in Essex	30
Since the last Earthquake in England	17
Our Kings Maiesties Raigne, whom the King of Heauen graunt long and prosperously to raigne ouer vs Amen.	16

The Anotomie of Mans body, as the partes thereof are gouerned by the twelue Cœleſtiall Signes.

Aries, the head and face: Taurus, necke & throat: Gemini, armes and shoulders: Cancer, brest, stomacke, and ribbes: Leo, heart and backe: Virgo, bowels and belly: Libra, reynes and loynes. Scorpio, secrets and bladder: Sagitarius, thighes. Capricornus, knees: Aquarius, legs: Pisces ye feet.

Now if your body in health will keepe,
Warme meates for it is very meete:
Flie Phisicke, Sloath, and venerie,
Auoide all Bathes most carefully.

1	g	[illegible]	cancer 27	11	d	
2	a	Oct. Stephen	Leo 10	12	e	☾ The last quarter
3	b	Oct. Johan.	leo 23	13	f	the 1. day, 30. min.
4	c	Oct. Innoc.	Virgo 5	14	G	after a 11. of the clock
5	d	Edward R.	virgo 17	15	a	at night.
6	e	Twelfe day	Libra 0	16	b	
7	f	Mem. com. in	libra 12	17	c	
8	g	Lucian. Epie.	libra 24	18	d	● The new moone
9	a	Agapit virgin	Scorp. 6	19	e	16. day, 3 min. after
10	b	Sol in Aquar	scorpi. 18	20	f	one of the clocke, in
11	c	1 sund aft E.	Sagi. 1	21	G	the after noone.
12	d	Hillarius bish	sagit. 13	22	a	
13	e	Archade mar.	sagit. 26	23	b	
14	f	Felicis priest	Capri. 9	24	c	
15	g	Paulus	capric. 22	25	d	Conuersion of Paul.
16	a	Marcellus	Aqua. 5	26	e	
17	b	Anthony Hesp	aqua. 19	27	f	☽ The first quarter
18	c	2 sun aft. Epi	Pisces 3	28	G	the 23. day, 15. min.
19	d	Mottam bish.	pisces 17	29	a	after 8. of the clocke
20	e	Fabi. & Seba	Aries 1	30	b	in the morning.
21	f	Agnes virgin	aries 17	31	c	
22	g	Vincent mart	Taur. 0	1	d	February, 1618.
23	a	Terme begin	Tau. 15	2	e	Purification of Mary
24	b	Timothie	taurn. 29	3	f	
25	c	Conu. of Paul	Gemi. 13	4	G	
26	d	Policarp	gemi. 27	5	a	● The full moone
27	e	Julian	Canc. 10	6	b	the 30. day, about two
28	f	Thom. Aqui.	canc. 24	7	c	of the clocke in the
29	g	Valerius	Leo 6	8	d	morning.
30	a	Batild. Quee.	leo 19	9	e	
31	b	Alex. & Sat.	Virgo 1	10	f	

This month as yet no Phiſicke vſe,
For feare that you your ſelfe abuſe:
Bleed not nor bath, be rulde by me,
Except vpon neceſſitie.

1	C	Briget Fast.	virg.	13	11	G	
2	d	Purifi. of M.	virg.	25	12	a	
3	e	Blaſe bishop	Libra	8	13	b	
4	f	Gilbert b. ſh.	libra	20	14	c	☾ The laſt quarter
5	g	Agathe virg.	Scor.	2	15	d	the 7. day, 6 min. af-
6	a	Dorothie virg	scorp.	14	16	e	ter 4. of the clocke in
7	b	Angle bishop	scorp.	26	17	f	the afternoone.
8	c	Sexageſſima	Sagit.	8	18	G	
9	d	Sol in Piſces	sagit.	21	19	a	● The new moone
10	e	Scholaſt vir.	Capri.	4	20	b	the 15 day, 26. min.
11	f	Cuſtace virg.	capri.	17	21	c	after 3. of the clocke
12	g	Termi ends	Aqua.	0	22	d	in the morning.
13	a	Wolfran bish.	aqua.	14	23	e	
14	b	Valentine.	aqua.	28	24	f	S. Mathie.
15	c	Shreueſum.	Piſc.	12	25	G	Shrouetunday.
16	d	Faukine	piſc.	26	26	a	
17	e	Polychron bi.	Aries	11	27	b	
18	f	Simeon	aries	26	28	c	
19	g	Sabine Paſc.	Tau.	11	1	d	March 1618.
20	a	Wilfred bis.	taur.	25	2	e	
21	b	Wid goe out	Gem.	10	3	f	
22	c	1 Sun. in Lent	gemi.	24	4	g	☽ The firſt quar-
23	d	Poitary faſt	Canc.	7	5	a	ter the 21. day, 17.
24	e	S. Matthias	canc.	20	6	b	minut. after 4. of the
25	f	Ember weeke	Leo	3	7	c	clock in the afternoone
26	g	Meſſor mar.	leo	16	8	d	
27	a	Oſwald bish.	leo	28	9	e	
28	b	Auguſtin bish	Virg.	11	10	f	

Now March begins the Springing time,
The Sunne hath got the equall line t
Vse phisickes Art and all thy skill,
To helpe diseases that be ill,

1	D	2 sun. in Lent	virgo 22	11	G	●	The full moone the first day, 35. min after 6. of the clocke, in the morning.
2	e	Chadde bish.	Libra 4	21	a		
3	f	Maurice	libra 16	13	b		
4	g	Adrian mart.	libra 28	14	c		
5	a	Focas & Eus.	Scor. 10	15	d		
6	b	Victor. & Vic.	scorp. 22	16	e		
7	c	Perpetuus	Sag. 4	17	f		
8	D	3. sun in Lent	sagit. 16	18	G	☾	The last quarter 9. day, 28. min. after 10. of the clocke in the after-noone.
9	e	40. Martyrs	sagit. 29	19	a		
10	f	Agapete	Capr. 11	20	b		
11	g	Sol in aries	capri. 25	21	c		
12	a	Gregory bish.	Aqua. 8	22	d		
13	b	Theodore	aqua. 22	23	e		
14	c	Candid. mart	Pisc. 6	24	f		
15	D	4. sun. in Lent	pisce. 21	25	G		Annunciaton of Mary
16	e	Boniface b. &	Aries 5	26	a		
17	f	Gertrude	aries 20	27	b	●	The new moone the 16. day, 51. min. after 10. of the clocke in the forenoone.
18	g	Edward K.	Tau. 5	28	c		
19	a	Joseph Mary	taur. 20	29	d		
20	b	Cuthert	Gem. 5	30	e		
21	c	Benedict	gemi. 19	31	f		
22	D	5. sun. in Lent	Canc. 3		G		April, 1618.
23	e	Theodore. b.	canc. 17	2	a		
24	f	Init. Reg. Jaco	Leo 0	5	b	☽	The first quarter ☽ 23. day, about 2. of the clock in ☽ morning
25	g	Annun. Mary	leo 13	4	c		
26	a	Castor mart.	leo 26	5	d		
27	b	Martian	Virgo 8	6	e		
28	c	Dorothy virg	virgo 20	7	f	●	The full moone the 30. day, 40. min. after 11. of the clocke at night.
29	D	Palme sunday	Libra. 2	8	g		
30	e	Quintine	libra 13	9	a		
31	f	Adelme.	libra 25	10	b		

Aprill hath xxx. dayes.

This Aprill with his stormy shewers,
Doth make the earth yeeld pleasant flowers,
Purge well therefore for it is good,
To helpe the body and clense the blood.

1	g	Gilbarde	Scorpi. 7	11	c	☾ The last quarter
2	a	Mary Egipt	scorp. 18	12	d	the 8. day, 14 min
3	b	Richard bish.	Sagit. 0	13	e	after one of the clocke
4	c	Ambrose	sagita. 12	14	f	in the morning.
5	D	Easter day	sagita. 25	15	G	Easter day.
6	e	Sixtus bishop	Capri 7	16	a	
7	f	Egisipus	capric. 20	17	b	
8	g	Perpetuus	Aquari. 3	18	c	● The new moone
9	a	Passion 7. vir	aquar. 16	19	d	the 14. day, 15. min.
10	b	July bishop.	Pisce. 0	20	e	after 7. of the clocke
11	c	Solin Taurus	pisce. 15	21	f	at night.
12	D	Oswald Arch.	pisces 29	22	G	
13	e	Med. com. in	Aries 14	33	a	S. George.
14	f	Oliffe.	aries 29	24	b	
15	g	Leonard	Taur. 14	25	c	Marke Euangelist.
16	a	Isidore bish.	tauru. 29	26	d	
17	b	Cosmy	Gem. 14	27	e	☽ The first quarter
18	c	Valerian	gemi. 28	28	f	the 21. day 52. min.
19	D	2 sun aft. Ea.	Canc. 12	29	G	after one of the clocke
20	e	Victor bishop	canc. 26	30	a	in the morning.
21	f	Simeon bish.	Leo 9	1	b	May. 1618.
22	g	Terme begin	leo 22	2	c	
23	a	S. George	Virgo 5	3	d	
24	b	Wilfride bish	virgo 17	4	e	
25	c	Marke Euan	virgo 29	5	f	● The full moone
26	D	3. sun aft. Ea	Libra 11	6	G	the 29 day, 8. minuts
27	e	Clare bishop.	libra 23	7	a	after 4. of the clocke in
28	f	Anastasi bish.	Scorp. 4	8	b	the afternoone.
29	g	Peter of Mil	scorp. 16	9	c	
30	a	Erkenwalde	scorp. 28	10	d	

Now gallant May in his array,
Do make the Fields pleasant and gay:
Walke earely now for thy healths sake,
And still thou maist some phisicke take.

1	b	Philip & Iac.	Sag.	9	11	e	
2	c	Athanasius	sagit.	21	12	f	☽ The last quarter
3	D	4 inu. ab. Ea.	Capric.	4	13	G	the 3. day, 42. min. af-
4	e	Florian	capric.	16	14	a	ter high noone.
5	f	Godwarb	capri.	29	15	b	
6	g	Iohn Port lat.	Aqua.	12	16	c	● The new moone
7	a	John Beuer.	aquar.	25	17	d	the 14. day, 6 min. af-
8	b	Appar. Mich.	Pisces	9	18	e	ter 3. of the clocke in
9	c	Transl. of Mi.	pisces	23	19	f	the morning.
10	D	Rogation sun.	Aries	8	20	G	Rogation sunday.
11	e	Mer. goe. out	aries	23	21	a	
12	f	Sol in Gemini	Taurus.	7	22	b	
13	g	Boniface	taurus	22	23	c	
14	a	Ascention day	Gemi.	7	24	d	Ascention day.
15	b	Brandon	gemin.	22	25	e	
16	c	Dioscor. mar.	Cancer	6	26	f	☽ The first quarter
17	D	4 sun. af. Eas.	cancer	21	27	G	the 21. day, 45. min.
18	e	Terme ends	Leo	4	28	a	after 3. of the clocke in
19	f	Barnardine	leo	17	29	b	the morning.
20	g	Hellen Quee.	Virgo	0	30	c	
21	a	Iulian virgin	virgo	13	31	d	
22	b	Desyde mart.	virgo	25	1	e	Iune, 1618.
23	c	Transl. of Fra	Libra	8	2	f	
24	D	Whitsunday	libra	20	3	G	Whitsunday.
25	e	August of Tn	Scorpi.	2	4	a	
26	f	Beda priest	scorpi.	13	5	b	● The full moone
27	g	Ember week	scorpi.	25	6	c	the 29. day, 17. min.
28	a	Corpus Christi	Sagit.	7	7	d	after 7. of the clocke in
29	b	Felix	sagit.	19	8	e	the morning.
30	c	Petronill	Capric.	1	9	f	
31	D	Trinity sun	capric.	12	10	G	Trinity sunday

This Month of Iune vse clarified Whay,
Boyl'd with coole hearbes drinke alway:
From violent exercise now abstaine,
Except thou wilt in trouble remaine.

1	g	Mid toms in	cappi. 25	11	g	
2	f	Marcelline	Aqua. 8	12	b	
3	g	Eralmus	aqua. 21	13	c	☾ The last quarter
4	a	Corpus Chri.	Pisc. 5	14	d	the 5. day, 24 minut.
5	b	Terme begin.	pisces 19	15	e	after 8. of the cloke
6	c	Wolfan	Aries 3	16	f	at night.
7	D	1 sun. aft. Tri	aries. 17	17	G	
8	e	Pedu. & Gil.	Tau. 2	18	a	
9	f	Transf. Edm.	taur. 17	19	b	● The new moon
10	g	Transf. of Ju.	Gemi. 1	20	c	the 12. day, about 11
11	a	Barnabie	gemi. 16	21	d	of the clock in the fore-
12	b	Sol in Cancer	Canc. 1	22	e	noone.
13	c	Anthony conf.	canc. 15	23	f	
14	D	2 sun. aft. tri.	canc. 29	24	G	Iohn Baptist.
15	e	Vite.	Leo 12	25	a	
16	f	Iustina	leo. 25	26	b	
17	g	Pantolph	Vir. 9	27	c	
18	a	Eraperius	virgo 21	28	d	
19	b	Germali.	Lib. 3	29	e	Peter and Paul.
20	c	Tran. of Edm	libra 16	30	f	
21	D	3 sun. aft. tri.	libra. 28	1	G	Iuly. 1618.
22	e	Alban marty.	Scor. 10	2	a	☽ The first quarter
23	f	Lerma ends	scorp. 22	3	b	the 19. day, 24. min.
24	g	Iohn Baptist	Sagit. 4	4	c	after 7. of the cloke
25	a	Transf. of Ele	sagit. 16	5	d	at night.
26	b	Iohn & Paul	sagit. 28	6	e	
27	c	Crescens mar	Cap. 10	7	f	● The full moone
28	D	4 sun. aft. tri.	cappi. 23	8	G	the 27. day, 47. min.
29	e	Peter & Paul	Aqua. 5	9	a	after 8. of the cloke
30	f	Con. of Paul	aqua. 18	10	b	at night.

Now in Iuly Dogge dayes begin,
The Riuers are best to bath in:
To take hote drinke, be not too bolde,
But vse hearbes which be moyst and colde.

1	g	Oct. of Io. B.	Pisces 2	11	f		
2	a	Visita of Ma.	pisces 15	12	g	☾ The last quarter	
3	b	transl. of Tho	pisces 29	13	a	the 5. day, 52. minut	
4	c	Transl. of Ma	Aries 13	14	b	after 1. of the clock	
5	d	5 sun. aft. tri.	aries 28	15	c	in the morning.	
6	e	Octa of Pet.	Taur. 12	16	d		
7	f	Martialis ma	taurus. 27	17	e		
8	g	Depos. of Erk	Gem. 11	18	f		
9	a	Cirill. bishop	gemi. 26	19	g	● The new moone	
10	b	7. Brethren	Canc. 10	20	a	the 11. day, about 8.	
11	c	Transl. of Be.	cancr. 24	21	b	of the clocke at night	
12	d	6 sun aft. tri	Leo 7	22	c		
13	e	Primat. mart.	leo 20	23	d		
14	f	Sol in Leo	Virgo 3	24	e		
15	g	Tr. of Swith	virgo 16	25	f	Iames Apostle.	
16	a	Transl. Dunst.	virgo 29	26	g		
17	b	Kenelme Kin	Libra 11	27	a	☽ The first quarter	
18	c	Arnolph bish.	libra 23	28	b	the 19 day, 18. min.	
19	d	Dog dayes be	Scorp. 5	29	c	after high noone.	
20	e	Margaret vir	scorp. 17	30	d		
21	f	Praxed virg	Sag. 0	31	e		
22	g	Mary Magda.	sagit. 12	1	f	August. 1618.	
23	a	Apolline bish	sagit. 24	2	g		
24	b	Christ. Fast	Capr. 6	3	a		
25	c	S. Iames Ap	capri. 19	4	b	○ The full moone	
26	d	8 sun. aft. tri.	Aqua. 2	5	c	the 27. day, 39. min.	
27	e	7 Sleepers.	aqua. 15	6	d	after 8. of the clocke in	
28	f	Sampson bish	aqua. 28	7	e	the morning.	
29	g	Fel. & his fel.	Pisc. 12	8	f		
30	a	Abdon & Sen	pisces 25	9	g		
31	b	German bish	Aries 10	10	a		

August hath xxxj dayes.

This month of August take good heede,
For now will many surseits breede;
Let little sleepe thee now content,
If that diseases thou wilt preuent.

1	c	Lammas day	aries 24	11	f	
2	D	9 sun. aft. tri	Taurn. 8	12	G	☾ The last quarter
3	e	Inuen. of Step.	taurn. 23	13	a	the 3. day, 15, min.
4	f	Iustine preist	Gemin. 7	14	b	after 6, of the clocke
5	g	Dowries con	remi. 22	15	c	in the morning.
6	a	Trans. of Chr	Canc. 6	16	d	
7	b	Ciriacke	canc. 20	17	e	
8	c	Roman mart.	Leo 3	18	f	● The new moone
9	D	10 sun aft. tri	leo 16	19	G	the 10, day, 55 min.
10	e	Laurence mar	leo 29	20	a	after 6, of the clocke
11	f	Tiburt mart	Virg. 12	21	b	in the morning.
12	g	Clare virgin	virgo 24	22	c	
13	a	Ipolit. Cums	Libra 6	23	d	
14	b	Solin Virgo	libra 19	24	e	Bartholmew Apostle
15	c	Assum. of Ma	Scorp. 1	25	f	
16	D	11 sun. aft. tri	scorp. 13	26	G	☽ The first quarter
17	e	Oct of Laur.	scorp. 25	27	a	the 18 day, 56 minu,
18	f	Agapit virgin	Sagit. 7	28	b	after 6 of the clocke in
19	g	Magnus mar	sagit. 19	29	c	the morning.
20	a	Lewes bishop	Capric. 2	30	d	
21	b	Barnard	capri. 14	31	e	
22	c	Octa Assumt	capri. 27	1	f	September, 1618.
23	D	12 sun. aft. tri	Aqua. 10	2	G	
24	e	Barthol. Ap	aqua. 24	3	a	○ The full moone
25	f	Lewes King.	Pisces 7	4	b	the 25 day, 34 min,
26	g	Dog gate end	pisces 21	5	c	after 7 of the clocke at
27	a	Seuerine	Aries 5	6	d	night.
28	b	Augustin bish.	aries 20	7	e	
29	c	Decol of Ichn	Taur. 4	8	f	
30	D	13 sun aft. tri	taurn. 19	9	G	
31	e	Cuthburg vir	Gemi. 4	10	a	

Now maist thou Phisicke safely take,
And bleede and bath for thy healths sake,
Eate Figges and Grapes, and Spicerie,
For to refresh thy members drie.

1	f	Egidius	gemi. 18	11	b	☾ The last quarter the 1. day 30 min. after 11. of the clocke in the forenoone.
2	g	Anthonie mar.	Cancer 2	12	c	
3	a	Gregorie	cancer 16	13	d	
4	b	Transl. of Cu	Leo C	14	e	
5	c	Hercules	leo 13	15	f	
6	D	14. sun. aft. tri	leo 26	16	G	● The new moone the 8. day, 17 min. after 8, of the clocke at night.
7	e	Nat Reg. Eliz	Virgo 8	17	a	
8	f	Nat. of Mary	virgo 21	18	b	
9	g	Gorgon mart.	Libra 3	19	c	
10	a	Pro. & Jacint	libra 15	20	d	
11	b	Martianus	libra 27	21	e	Mathew Apostle,
12	c	Marcellus	Scorp. 9	22	f	
13	D	Sol in Libra	scorp. 21	23	G	☽ The first quarter the 16 day 29 min after 11 of the clocke at night.
14	e	Exalt. Crucis	Sagita 3	24	a	
15	f	Oct. of Mary	sagita. 15	25	b	
16	g	Ember weeke	sagita. 27	26	c	
17	a	Lambert	Capr. 9	27	d	
18	b	Ninive.	capric. 22	28	e	
19	c	Januarii	Aqua. 5	29	f	Michaell Archangell.
20	D	16. sun. aft. tri	aquar. 18	30	G	
21	e	Matheus Ap	Pisces 2	1	a	October, 1618.
22	f	Mauricius	pisces. 16	2	b	
23	g	Tecla virgin	Aries 0	3	c	
24	a	Andoch mart.	aries 14	4	d	● The full moone the 24 day, 53. min. after 4 of the clocke in the morning.
25	b	Firman mart.	aries 29	5	e	
26	c	Cypri. & Just	Taur. 14	6	f	
27	D	17 sun. aft. tri	taurus 29	7	G	
28	e	Trupet. Fest	Gemi. 14	8	a	☾ The last quarter the 30. day, 15, min. after 7 of the clocke at night.
29	f	Michael. Archa.	gemi. 28	9	b	
30	g	Dionys. pris.	Can. 12	10	c	

October hath xxxj dayes.

This Month hot drinkes and meates be good,
To keep the health and nourish thy blood.
Prouide thee warme cloathes and go drie,
Thou shalt escape much danger thereby.

1	a	Remigius	canc. 26	11	d	
2	b	Leodegar.	Leo 10	12	e	
3	c	Candid. mart.	leo 23	13	f	
4	D	18 sun. aft. tri	Virgo. 6	14	G	● The new moone
5	c	Apollina. bish	virg, 18	15	a	the 8. day, 19. min.
6	f	Faith virgin	Libra 0	16	b	after high noone.
7	g	Mar. & Mar.	libra 12	17	c	
8	a	Pelagie virg.	libra 24	18	d	Luke Euangelist.
9	b	Terme begin	Scorp. 6	19	e	
10	c	Gratian vict.	scor. 15	20	f	
11	D	19 sun. aft. tri	scorp. 29	21	G	
12	e	Milfride bish.	Sagi. 11	22	a	☽ The first quarter
13	f	Trans. of Ed	sagit. 23	23	b	the 16. day, 23 min.
14	g	Sol in Scorpio	Capr. 5	24	c	after 4. of the clocke
15	a	Wolfran bish.	capri. 17	25	d	in the after noone.
16	b	Micha mount	Aqua. 0	26	e	
17	c	Trans. of Eth	aqua. 13	27	f	
18	D	Luke Euang	aqua 26	28	G	Simon and Iude.
19	e	Frosdiwicke	Pisc. 10	29	a	
20	f	Austrobert	pisce, 24	30	b	
21	g	11000. Virg	Aries 8	31	c	
22	a	Mary Salo.	aries 23	1	d	Nouember. 1618.
23	b	Maglorie	Tauru. 8	2	e	● The full moone
24	c	Trans of Joh	tauru. 23	3	f	the 23. day, 22. min.
25	D	Crisp & Cris.	Gemin. 8	4	G	after 2. of the clocke
26	e	Ursula virgin	gemi. 23	5	a	in the after-noone.
27	f	Floren. Fast	Canc. 7	6	b	
28	g	Simon & Iud	canc. 22	7	c	☾ The last quarter
29	a	Marcellus bish	Leo 6	8	d	the 30. day, 32 min.
30	b	German. bish	leo 19	9	e	after 6. of the clocke
31	c	Quintin Fast	Virg. 2	10	f	in the morning.

Now mayst thou drinke sweete Wine freely,
And vse good mirth and company:
Abstaine from wrath and all enuie,
And vse thy brethren charitablie.

1	D	All Saints	Vir.	15	11	G	
2	e	All soules	virg.	27	12	a	
3	f	Winefride	Libr.	10	13	b	
4	g	Amantius	libr.	22	14	c	● The new moone
5	a	Ponder trea	Scor.	4	15	d	the 7. day 36. min. af-
6	b	Leonard	scor.	15	16	e	ter 6. of the clocke in
7	c	Wilfride Arc	scor.	27	17	f	the morning.
8	D	23 sun aft. tri	Sagi.	8	18	G	
9	e	Theodore ma	sagi.	20	19	a	
10	f	Paterni	Capr.	2	20	b	
11	g	Martine bish	capr.	14	21	c	
12	a	Brice Confes.	capr.	26	22	d	☽ The first quarter
13	b	Sol in Sagita	Aqua.	9	23	e	the 15 day, 20. min:
14	c	Trans. of Erk	aqua.	22	24	f	after 7. of the clocke
15	D	24 sun. aft. tri	Pisc.	5	25	G	in the morning.
16	e	Edm. Arch.	pisces	18	26	a	
17	f	S Hugh	Aries	2	27	b	
18	g	Oct. of S. Mar	aries	17	28	c	
19	a	St. Elizabeth	Taur.	2	29	d	
20	b	Edmond K,	taur.	16	30	e	Andrew Apostle.
21	c	Pre of Mary	Gemi.	1	1	f	December, 1618,
22	D	25. sun. aft. T	gemi.	16	2	G	Aduent sunday.
23	e	Clement mar.	Can.	1	3	a	● The full moone
24	f	Grisogon	canc.	16	4	b	the 22 day, 51 min.
25	g	Katherine vir	Leo	0	5	c	before 1, of the clocke
26	a	Linus Bish.	leo.	14	6	d	in the morning.
27	b	Agricola & Vi	leo	28	7	e	
28	c	Terme end.	Virg.	11	8	f	☾ The last quarter
29	D	Aduent sund	virg.	24	9	G	the 28, day, 37 min:
30	e	St. Andr. Ap.	Libra	6	10	a	after 9 of the clocke at night.

December hath xxxi. dayes.

This Month as I doe now remember,
The twentie fiue of this December
Our Sauiour Christ was borne that day,
That we might praise his Name alway.

1	f	Med. goe. ont	libra	19	11	b	
2	g	Libanus mart	Scor.	1	12	c	● The new moone
3	a	Depos of Os.	scorp.	13	13	d	the 7. day, 28. min. af-
4	b	Barbara virg	scor.	24	14	e	ter one of the clocke in
5	c	Sabba Abbot	Sagita.	6	15	f	the morning.
6	D	2 sun. in Adu.	sagita.	18	16	G	
7	e	Oct. of S. An	Capr.	0	17	a	
8	f	Conc. of Ma.	capri.	12	18	b	
9	g	Cyprian abb.	capri.	23	19	c	☽ The first quarter
10	a	Christian	Aquari.	6	20	d	the 14. day, 44. min
11	b	Damas. Con.	aquar.	18	21	e	after 7. of the clocke
12	c	Sol in Capric.	Pisces.	1	22	f	at night.
13	D	3 sund. in adu	pisces	14	23	G	
14	e	Otholy virg.	pisces	28	24	a	
15	f	Valerius bish	Aries	12	25	b	Christmas day.
16	g	Emberwick	aries	26	26	c	S. Stephen.
17	a	Lazarus bish	Taur.	10	27	d	Iohn Euangelist.
18	b	Gratian bish	tauru.	25	28	e	Innocents.
19	c	Venetia virg.	Gemi.	10	29	f	
20	D	4 sun. in adu.	gemi.	25	30	G	
21	e	S. Tho Apo	Canc.	10	31	a	
22	f	30. Martyrs	canc.	24	1	b	Ianuary. 1610.
23	g	Victor virgin	Leo	8	2	c	○ The full moone
24	a	Claudie Fast	leo	22	3	d	the 21. day, 40. min.
25	b	Christmas da	Virg.	6	4	e	after 10. of the clocke
26	c	S. Stephen	virgo	19	5	f	in the fore-noone.
27	D	Iohn Euang.	Libra	2	6	G	
28	e	Innocents	libra	14	7	a	☾ The last quarter
29	f	Thom Beck.	libra	27	8	b	the 28. day, 54. min.
30	g	Dauid	Scorp.	9	9	c	after 3. of the clocke
31	a	Silnestre	scorp.	21	30	d	in the afternoone.

Neue. 1618.

A Prognostication seruing for the yeare of our Lord God and Sauiour Iesus Christ. 1618.

¶ Wherin you may behold and obserue, the grounds of the alteration and condition of the foure quarters of this yeare, and also the estate and disposition of the ayre, according to the inclination of the Celestiall bodyes, with the change of ☽ Moon, and other necessary obseruations, conuenient in such a worke to be noted.

Calculated, and especially referred, to the longitude and Elevation of the Pole Artick, of the famous towne of great Yarmouth, in Norfolke, and may serue indifferently for all England.

Collected and published by Iosiery Neue, Gent.

A neceſſary rule to know the beginning & ending of euery Terme, with their Returnes.

¶ Hillarie Terme beginneth the 23. daie of Januarie and endeth the 12. of Februarie, & hath foure returnes

Octabis Hillarij. } { Craſtino Purifica.
Quind. Hillarij. } { Octabis Purifica.

¶ Eaſter Terme beginneth 17. daies after Eaſter, and endeth the monday next after Aſcenſion daie, and hath fiue Returnes.

Quind. paſchæ. } Menſe paſchæ. { Quinque paſchæ.
Tres paſchæ. } { Craſti Aſcenſion.

¶ Trinitie Term beginneth the Friday next after Trinity ſunday, and endeth the wenſday fortnight after, and hath foure Returnes, that is to ſay.

Craſti Trinitatis. } { Quind. trinitatis.
Octabis Trinitatis. } { Tres trinitatis.

¶ Michaelmas Terme beginneth the 9. day of October, and endeth the 28. of November. And hath 8. Returnes, that is to ſay.

{ Octabis Michael. / Quind. Michael. / Tres Michael. / Menſe Michael. } { Craſt. Animarum. / Craſt. Martinij. / Octabis Martinij. / Quind. Martinij. }

¶ Note alſo that the Exchequer openeth eight daies before any Tearme beginne, except Trinity Tearme, in which it openeth foure daies before.

¶ On theſe dayes following, the Iudges ſit not at Weſtminſter.

In { Hillary / Eaſter / Trinity / Michaelmas. } Terme, on { Candlemas / Aſcenſion / Midſomer. / Alholland } day

Certaine profitable Rules and briefe obſeruations, concerning Husbandrie.

The beſt time to ſow all kinde of Corne, is when the moone goeth her courſe in Cancer.

The beſt time to plant and Graft, when the moone is in a fixed ſigne, eſpecially in Taurus, Aquarius, or in the increaſe of the moone, which is betweene the change and the full.

To ſet or ſow all kind of ſeeds, the moone being well ſeated in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Piſces.

Fell Timber to build withall, when the moone is towardes the laſt quarter, ſhee being then in Aquarius, or Piſces.

Crop trees and fell wood to burne, that the ſtock may the better and ſooner grow again, when the moon is in the firſt quarter.

Remoue and ſet young trees in the laſt quarter of the Moone, in Taurus or Capricornus, and that in the moneths of September, October, Nouember, and Februarie.

The beſt time to geld Cattell, the moon being in Aries, Sagittarius, or Capricornus.

The beſt time to cut Vines, is in Februarie or March, the moone increaſing, in Taurus. Virgo, or Libra.

The beſt time to ſheare ſheep, is in the increaſing of the moone, and that is from the change to the full.

To cut haire, that it may the ſooner grow againe, the moone increaſing, in Taurus Virgo, or Libra.

To mucke your land, that the weedes may not growe thereby, is in the decreaſing of the Moone, that is, from the full to the change.

Briefe Rules and neceſſary Obſeruations, concerning Bleeding, Bathing, Purging, and Sweating, according to the motions of the Moone.

When the weather is eyther extremely hot or cold, it is not then conuenient, eyther to let blood or to purge: vnleſſe ſome great neceſſity do require it: yet notwithſtanding if this blood-letting be for the Phrenſie, the Apoplexie, for a continuall headach, proceeding of Choler or blood, or for any hot burning Feuer, or other extreme paine, a man in ſuch a caſe may not tarry a choſen time, becauſe the patient might miſcarry in the meane ſeaſon. But in this foreſaid caſe of extremity, blood is not to be let in ſuch quantity as otherwiſe it would, if a choſen time might conueniently be expected.

The beſt time to let the Phlegmaticke blood, is when the Moone is in Aries, or Sagittarius, the head and thighes excepted.

For the Melancholly, the Moone being in Libra, or Aquarius, the buttocks and legs excepted.

For the Cholericke, the Moone being in Cancer, Scorpio, or Pisces, the breaſt and feete excepted.

For the Sanguine, al be good which before is named. In the ſpring time let blood at the right ſide. In harneſt time let blood at the left ſide.

For Bathing.

Bathings are commonly vſed, rather for pleaſure then for profite, eſpecially where hot-houſes are ouer-much haunted: but I minde not to ſpeake of them in this place, otherwiſe then to aduertiſe thoſe that tender their owne health, to be wary and circumſpect in reſorting vn-

to

to them without iust cause, & immediately after, or with such persons as be vncleane. Know that it is not good to bathe when the Moone is in earthly signes, as in Taurus, Virgo, or Capricornus: the reason is because they are of a colde and dry nature, and the nature of cold is to restraine and binde: and so the moone being in these signes, the pores of the body are closed and shut, so that there can be no resolution of humors and superfluities, which by bathing, ought to be auoyded.

But in fiery signes, as when the moone is in Aries, Leo, or Sagitarius, then it is a good time for Bathing, for then the body is apt to resolution, for it is the nature of heate to open and resolue.

It is best bathing two or three dayes after the change, and at the full of the moone: for then the superfluities are ripe, and ready to auoide, and disposed to flowe and issue out, which indeed is the very end and vse of bathing. If any will enter into the Bath, onely for cleannesse sake, let the moone be in Libra or Pisces.

Further, if bathing be vsed for health, let the party greeued, learne of the wise Physitian, whether his sicknesse hath need of moystening, or drying: for if it doth require moystening, as in Pthisis, and such like, then let him bathe in watery signes: hauing good aspects of Iupiter and Venus. But if the sicknesse require drying, as in paralysis, and the like, then let him bathe, the moon being in fiery signes, hauing good aspects of Mars and the Sunne.

Also, before you enter into any Bath, your body must be purged: for if you go in vnprepared and vnpurged, peraduenture you may be worse after, then before.

The best time of the yeare to bathe in, is the Spring and Harueſt and in them the months of May and September. The best time of the day to go into the Bath, is an houre after the Sun rising at the least, alwayes prouided, that you must walke either an houre, or halfe an houre before, & haue a stoole either by nature or by art. Ye must couer your heads well, so long as ye be in the bath, and beware you drinke no cold drinke, although you be very thirsty: but forbeare all things that be colde,

lest when ye are hot within, the cold strike suddenly into some principall member, and so hurt you.

The time of tarrying in the bath, is commonly one houre, but it may be more or lesse, according to the nature of the bath, or sicknesse of the party, at the discretion of the wise Physition.

For Purging.

In purging, these 5. things ought to be knowne:
1. The humor which aboundeth.
2. The best way to auoid it.
3. The strength of the person.
4. The manner of the sicknesse.
5. The force and nature of the medicine.

For when these things are not considered and obserued, many perilous accidents may follow, and greatly grieue and hurt the body.

Good signes for purging generally, are cancer, scorpio, and pisces.

Particularly, as with potions or drinkes in scorpio.

Purge with electuaries, the Moone being in Cancer.

Purge with pils, the Moone being in Pisces.

Take preparatiues, the moone in Gemini, Libra, or Aquarius.

Take vomits, the moone in Aries, Taurus, or Capricorne.

Take gargarises, the moone in Aries, Cancer, or Capricorne.

Take glisters, the moone in Libra, or Scorpio.

To prouoke neesings, the moone in Cancer, Leo, or Libra.

To stoppe fluxes, rheumes, and laxes, the moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue attractiue, the moone in Aries, Leo, or Sagittarius.

Good to comfort the vertue digestiue, the moone in Gemini, Libra, or Aquarius.

Good to comfort the vertue retentiue, the moone in Taurus, Virgo, or Capricorne.

Good

Good to comfort the vertue expulsiue, the moone in Cancer, Scorpio, or Pisces.

For vsing of vnguents or plaisters, it is best applyed when the moone is in that signe which gouerneth the same member or part of ỹ body, to which it is appliable.

For Sweatings.

Sweatings, as they are of two sorts, that is to say, naturall and artificiall, so they are vsed for two ends & purposes: the naturall sweate, if good heed be taken in opening the pores, will dissolue grosse and thicke humors, will cleanse the blood, will comfort the spirits, will put away colde, will consume rawe humors, qualifie and quench raging feuers, will helpe nummesse & the dropsie. The artificiall sweate will cleanse scabs, put away itch, amend dulnesse in hearing, ease the stone, resolue congealed and cold melancholy blood and humors, &c. But for the better performing and effectual working in these causes, the counsell of the learned Physitian is to be desired and vsed.

The best and meetest signes to sweat in, are Leo, Aries, and Sagittarius, and that two or three dayes after the Change, and at the full of the Moone. And note that sweatings is better to be done at the euening, then in the morning: for when the body hath nourishment within, the spirits shall not bee drawne vtterly forth, to the extreme parts. Note further, that leane and dry folkes, or feeble persons must sweat little, for it will hurt thē much: but fat folkes may sweat well, & it will helpe thē much.

¶ A Description of the foure quarters of this yeare of our Lord God, 1618.

Of Winter.

VVInter (which is the chiefe capitall foe of ỹ Spring, the disgrace of Sommer, and the deepe deuourer

of

of the fruitfull harueſt) began to take his effects (according vnto our vſuall computation) the 12. of December, in the yeare afore-going, at the firſt entring of the Sun into the firſt minute of the ſigne Capricornus, at which time, the Sun ſhall be at his greateſt ſouth declination from the equinoctiall line, ſo that he riſeth ſouth-eaſt, and ſetteth ſouth-weſt. Now is the hiemall or winter ſolſtice for the Sun is ſo farre remoued from our Zenith or verticall point, that he cannot decline any further, and ſtands at a ſtop and ſtay and then is the ſhorteſt day in all the yeare, & longeſt night: and ſo this quarter doth continue vnto the 11. of March next enſuing.

This ſeaſon is by nature cold and moiſt, vnpleaſant for trauellers, either by land or ſea, and vnto aged perſons it is very combrous and noyſome, cauſing ſuperfluity of rawneſſe, and abundance of cold moiſtneſſe to ouerflow their bodies, to their great trouble & diſquietnes, &c.

Touching the inclination and diſpoſition of the weather for this quarter I gather generally, that we are like to haue many ruffeling windes, with great ſtore of ſtormy moyſture.

The diſeaſes or ſickneſſes of this ſeaſon are like to be many vnconſtant feuers, rheums, coughs, hoarſeneſſe, obſtructions, and other ſuch diſtemperatures, anſwerable to the ſtate and condition of the ſeaſon.

Of the Spring.

THe Sun (which is the eye of the world, the fountain of light, and the cheefe moderatour of all the reſt of the lights) hath like a Gyant run his race, and finiſhed his reuolution, (Gradatim) throughout the 12. ſignes, and now beginneth his iourny afreſh againe, and goeth an euen courſe, and ſo becomes an indifferent arbiter betweene the day & night, and maketh an equality throughout his whole gouernment to the great ioy and comfort of all his reuiued ſubiects. cheering with his ſplendant countenance, the poore afflicted weather-worne wights of this our darke ſtarre of mortality, (which the darkned

ned countenance of Winters extremity had almost subdued) with his most excellent presence, whereat the earth begins to smile, and to put on her new apparell, the flourishing liuery of fresh Flora, whose liberall proceedings are likely to be hindered by the variable and vnkinde distemperatures of the season, to the hurt and damage of all sortes of budding, blooming, and sprouting things. This season is naturally hot and moyst, the most temperate time of the yeare, and least breeder of sickenesse that doth procure death, and a conuenient time for the remouing of sicknesses, and griefes gotten before, & also to anoyde and preuent those that are to come, for now the dull senses and spirits of men and other creatures are quickned and reuiued, and therefore the humors which do abound and are readiest to represse nature are fit to be emptied and auoided, whether by blood-letting, purging, or otherwise, as the learned Physitian shall aduise, and as the cause of the disease shall require: such therefore as are diseased let them not neglect this time.

The diseases most like to afflict mens bodies, will be many doubtfull feuers, inflamations of the liuer, pleurisies, many kinde of distemperatures proceeding from the corruption of the blood: the God almighty who only knoweth what shall come to passe, turne all euils away from vs. Amen.

Of Summer.

SUmmer, the third part of our vulgar yeare, according to our vsuall computation, beginneth now when the Sun hath fully determined the Spring time, with the last Grade of Gemini, and hath mounted in his motion to the highest point of his course, namely to the first degree of Cancer, which will be this yeare the 12. of June. Now is the second solstice of the yeare, called the estiuall or summer solstice: for euen as the Sunne when he entred into Capricornus hath his greatest south declination from the equinoctiall line: so now at his entrance into the beginning of Cancer, he hath his greatest declination towards

towards the North, from the same equinoctiall line. And euen then as at the time of the winter solstice, he was so farre remoued from our verticall point, that he could not moue no further towards the south, and was therefore to approch againe towards our north latitude, at which time he seemeth to stand: so now being come so neare our Zenith, that he cannot moue any further towards the North, and is therefore to retire againe towards the south latitude: at his first going from vs he seemeth also to stand, insomuch, that euen as before at his returne towards vs, hee made with vs the shortest day and the longest night in the yeare: so now at his returne from vs, he maketh contrariwise the longest day & shortest night in the yeare: and afterward declineth daily more and more from vs, like as before hee moued more and more towards vs.

This season according to his proper nature is hot and dry, turning the humors of mens bodies, from coldnesse and moystnesse, into hotnesse and drinesse, resembling the element of fire, and complexion of choler, bringing all fruites to their ripenesse, cattell to their fatnesse, and men to their wealth.

Touching the state and condition of the season, it is likely to be inconstant, and disagreeing from the naturall quality,

The infirmities of this season, are supposed to be hot burning feuers, diuers inflamations, hot impostumes, and such dangerous diseases which proceede of the corruption of bloud and choler, &c.

Of the last quarter, called, Autumne.

AUtumne, (according to our accustomed computation) the last quarter of this yeare, begins at the Suns departure from the last scruple of Virgo, into the first minute of the second equinoctiall signe Libra, which will be this yeare on the 13. of September, the day & night being of an equall length as in the Spring: at which time is the autumniall equinoctiall: for euen as at the Suns entrance into Aries, the day by encreasing from the winter Solstice till then, came to bee equall with

the

the night, going on ſtill more and more till the ſommer Solſtice, when was the longeſt day and ſhorteſt night: ſo now the night by increaſing from the eſtiuall ſolſtice to this the ſuns ingredience into Libra, hath got to be equall with the day, and ſhall increaſe more & more till the Brumall Solſtice come againe, when the night is longeſt, & the day ſhorteſt. And this time of the yeare is of it ſelfe vnconſtant and variable, warme in the day time & cold in the night: and therfore as Hippocrates ſaith, for the inequality of temperature it may be cald the mother or nurſe of deadly ſickneſſe. As concerning the inclination of the weather, I coniecture, that it will be ſubiect to lofty windes, and much ſtormy moiſture. Sundry ſorts of diſeaſes this quarter are ſuppoſed to happen, which I at this time omit, beſeeching the Almighty to turne all euils frō vs, both now & euermore. Amen.

¶ *A declaration of the inclination and diſpoſition* of the weather and winds, according to the diuers motions and influences of the Erraticall & fixed ſtars: with the day, houre, and minute of the change of the Moone, her full, & quarters: and alſo of the riſing and ſetting of the Sun, in euery ſeuenth day of euery month of this yeare of our Lord God, 1618.

¶ Of Ianuary.

Day	The ſunne riſeth.	The ſunne ſetteth.
1	howre 8 and 3 minuts	howre 3 and 57 minuts.
7	howre 7 and 56 minuts	howre 4 and 4 minuts.
14	houre 7 and 46 minuts	howr 4 and 14 minuts.
21	houre 7 and 34 minuts	houre 4 and 26 minuts.
28	houre 7 and 23 minuts	houre 4 and 37 minuts.

Laſt quarter the 8. day, 31 minuts after 7 of the clock at night, windy and vnconſtant.

Newmoone the 16. day, 3 minuts after one of the clocke in the afternoone, windy and ſtormy.

Firſt quarter the 23. day. 15 minuts after eight of the clocke in the morning, a ruffeling ſkie.

Full moone the 30. day, about two of the clocke in the afternoone, apt for the ſeaſon.

Janu=

Ianuaries Abstract.

In this Month of Ianuary let not bloud, neither vse but little Phisicke, except necessity constraine thee, and beware of taking cold, for in this month, Rheumes and Flegme do much increase, to fast long is hurtfull, but to drinke white-wine fasting is good and wholesome, vse meates and drinks that are naturally hot moderately, and weare warm cloathes.

In worldly business this month you may set all kind of common fruit-trees, as Pears, Plums, Cherries, Filberds, Walnuts, and such like, Haw-thornes, and al sorts of quicke-sets, trees, or Plants, are fittest to be set, generally from the change to the first quarter.

Take away the Mosse and superfluous branches from your trees, & this month it is good to set Beanes, pease, Parsneps, Radish, Lekes, Garlike, Turneps, and Onions, if the weather be milde, and the moone past her ful. You may begin to Grasse at the ende of this month, so as the moone be increasing in her light.

Good husbands also this month, crop their Trees, fell Timber, and geld their Cattell, such as must be gelded, the state of the moone alwaies considered.

¶ Of February.

Day	The Sun riseth.	The Sun setteth.
1	hou. 7 and 13 min.	houre 4 and 47 min.
7	hour 7 and 4 min.	houre 4 and 56 min.
14	hou. 6 and 50 min.	houre 5 and 10 min.
21	hou. 6 and 34 min.	houre 5 and 26 min.
28	hou. 6 and 22 min.	houre 5 and 38 min.

Last quarter the 7. day, 6. minuts after 4. of the clocke in the afternoone, some fall of moisture.

New moone the 15. day, 26 minuts after 3. of the clock in the morning moist and inconstant.

First quarter the 21. day, 17 minutes after 4 of the clocke in the afternoone, indifferent for the time.

Februaries Abstract.

In this moneth of February, all stimy Fish, Wilke,

or

or Rice, and such like, that doe oppilate or stop the Liuer and veines, or thicken the blood, are to be eschewed as enemies to health: also yet forbeare Phisicke and letting of bloud, except great necessity do constraine it, and learned counsell do aduise it. Beware of taking cold, for now are Agues apt to be taken, and it is very ill to take heats, and afterwards sodaine cold vpon them.

In this month, is the most aptest time to graft, to plant, and to set all kind of trees and bushes, the winde & weather, and age of the moone afore-hand considered. Peale, Beanes, Hastings, Onions, Parsneps, and such like, as in January, may very fitly bee set in the wane of the Moone. The time is now to trim vp Gardens, to set and sow all kindes of Kitchen hearbs, to set slips, and to sow Kernels, to sow Mustardseed and Dates, to set hops and Vines, and to cut and prune them, and to sticke vp your rounctuall Pease and Hastings.

¶ Of March.

Day	The Sun riseth.	The Sun setteth.
1	hou. 6 and 20 min.	houre 5 and 40 min.
7	hou. 6 and 8 minut	houre 5 and 52 min.
14	hou. 5 and 54 min.	houre 5 and 6 min.
21	hour 5 and 40 min.	houre 6 and 20 min.
28	hour 5 and 26 min.	hour 6 and 24 min.

Full moone the first day, 35 minuts after 6 of the clocke in the morning, apt for the time.

Last quarter the 9. day, 28, minuts after 10. of the clocke in the forenoone, reasonable good weather.

New moone the 16. day, 51. minutes after 10 of the clocke in the forenoone, a moist change.

First quarter the 23. day, about two of the clocke in the morning, overcasting clouds for raine.

Full moone the 30. day, 40. minuts, after 11 of the at night, reasonable temperate.

Marches Abstract.

In this Moneth of March, the humours of mans

mans body begin to increase: and nowe grosse feeding breedeth grosse blood and grosse humors: and therefore vse meats of good digestion, & such as bréd good iuyce. It is a good time to purge and clarifie the blood, by Potions, Bathings, and Blood-letting, or such other waies, as the learned Phisition shal appoint, and as the cause of the disease shal require. Now also swéet meats and drinkes are commendable.

The time of grafting as yet indureth together, with setting, sowing, proining, and plashing, of Vines, Hoppes, Willowes, Oates, fielde-pease, Onions, and Parsneps, and such like, &c.

¶ Of Aprill.

Day	The Sun riseth.	The Sun setteth.
1	hou. 5 and 18 min.	houre 6 and 42 min.
7	hour, and 6 min.	houre 6 and 54 min.
14	hou. 5 and 54 min.	houre 7 and 6 min.
21	hou. 4 and 39 min.	houre 7 and 21 min.
28	hou. 4 and 29 min.	hour 7 and 31. min

Last quarter the 8. day, 14. minutes after one of the clocke in the morning, seasonable and temperate.

New Moone the 14. day, 15. minutes after 7. of the clocke at night, pleasant weather.

First quarter the 21. day, 52 minuts after one of the clocke in the afternoone, vnconstant.

Full moone the 29. day, 8 minuts after foure of the clocke in the afternoone, somewhat windy and stormy.

Aprils Abstract.

In this Month of Aprill, the pores of men are opened, and are apt to receiue Phisicke: and they that nowe refuse the same, I commit them

to

to the benefite of Nature, for of all times of the yeere, this is the best time to preuent mulcs of sicknesses, or for speedy remedie in extreamities: for now nature her selfe dooth renew strength through all the body. So where sickenesse happeneth, shee soone vnburdeneth by the meanes of Phisicke: wherefore what it cannot doe now, hereafter it will hardly be done, therefore take time whilst time is, &c.

As yet you may graft and proine Vines, also set Melons, Cowcumbers, Citrons, Hartichokes, and pole vp Hops, sow Barley, Tanners apply themselues to Barking of trees, &c.

¶ Of May.

Day	The Sun riseth.	The Sun setteth.
1	hou. 4 and 23 min.	hour 7 and 37 min.
7	hou. 4 and 15 min.	hour 7 and 45 min.
14	hou. 4 and 5 min.	hour 7 and 55 min.
21	hou. 3 and 56 min.	houre 8 and 4 min.
28	hou. 3 and 50. min.	hour 8 and 10 min.

Last quarter the 7. day, 42. minuts after high noone, wauering and vnconstant.

New moone the 14. day, 6. minutes after 3. of the clock in the morning. fitting the season.

First quarter the 21. day, 45. minuts after 3. of the cloche in the morning, good weather.

Full moone the 29 day, 17. minutes after 7. of the clock in the morning, mutable and vncertaine.

Mayes Abstract.

In this month of May rise early, for May dooth not loue any sluggards. And let such as be in health and able, walke into the fieldes, and to eate and drinke a little betimes

betimes is wholesome: abstain from al meats as be of a hot nature. and for such as be sick, it is a very good time to be let blood, or to take Phisicke. Such as bee whole, God keepe them in health: and such as bee sicke, God send them good Phisitians and Phisicke.

The time is fitting now to sow Basill, Marierom, & such fine seedes, as before might not bee sowne, because of the coldnesse of the weather. Set Sage according to the proverb, set Sage in May, and it will last alway. Sow flax and Hemp, set Hartichockes, weed your Hops and Gardens, see to your Grafts, that no superfluous branches trouble them: May dew, Rosemary flowers, and Beane flowers, may at your pleasure be distilled this month, and now also haue a care of watching your Bees.

¶ Of Iune.

Day	The sunne riseth.	The sunne setteth.
1	howre 3. and 49. min.	howre 8 and 11 minuts.
7	howre 3. and 46. min.	howre 8 and 14 minuts.
14	howre 3. and 47. min.	howre 8 and 13 minuts.
21	howre 3. and 49. min.	howre 8 and 11 minuts.
28	howre 3. and 52. min.	howre 8 and 8 minuts.

Last quarter the 5. day. 24 minutes after 8. of the clock at night, ouercasting clouds.

New moone the 12. day, about a 11. of the clock in the forenoone, a mopst change.

First quarter the 19. day, 24. minuts after 7. of the clocke at night, some ouercasting clouds.

Full moone the 26 day, 47. minuts after 8 of the clock at night, answerable to the season.

Iunes Abstract.

In this Moneth of June, if thou must needes vse Phisicke, take it early in the Morning, that it may haue wrought before the heate of the day: and vse a light or thinne dyet, for the sto-

macke

macke is not now so able to digest as in winter, or some other of the former Monthes. It is very good and conuenient for some to drinke clarified Whay, boyled with cold Hearbes, and to abstaine from violent exercises.

Distilling of Roses, making syrrops and conserues are now in the prime. Now gather such hearbs as you meane to keepe all the yeare, but be sure you dry them in y shade. Good husbands and huswiues are now weeding of the Corne & Gardens, others shearing their sheep. The time serues to set Rosemary and Gillowflowers. Take heede now of cutting of either hedge, tree, or herbs with knife, but rather gather them with your fingers. Now may you set Saffron, carry out compost, make hay, rid Gardens of Snailes, Ants, or Pismires, &c.

¶ Of Iuly.

Day	The Sun riseth.	The Sun setteth.
1	hou. 3 and 54 min.	houre 8 and 6 min.
7	hou. 3 and 59 min.	houre 8 and 1 min.
14	hou. 4 and 7 minut	houre 7 and 53 min.
21	hour 4 and 20 min.	houre 7 and 40 min.
28	hour 4 and 30 min.	houre 7 and 30 min.

Last quarter the 5. day, 52 minuts after 1. of the clock in the morning, pleasant weather.

New moone the 11. day, about eight of the clocke at night, some ouercasting clouds.

First quarter the 19. day, 18. minutes after high noone, inclined to moisture.

Full moone the 27. day, 39. minutes after 8. of the clocke in the morning, some heate drops.

Iulies Abstract.

In this month of July, vse cold hearbs, and cold meats, sustain no great thirst, for feare of breeding of Agues and Pestilence, abstaine from Phisicke and extreame exercises. And now the Riuers are more wholesome then the

Baths. Let the Sunne be vp before you walke abroade, and take heed of filthy gutters, and stinking lanes. In the time of any plague or pestilence, keep your chamber windowes close shut, aswell all nights, as also in close, foggy, and moist daies, opening them when the sun hath force of shining, and bee sure to perfume your Chambers euery euening, with Wasticke or Frankinsence, or with Tarre put vpon a Chafing-dish of Coales, then which nothing is better, and let them vse Cardous Benedictus, boyled and drunke fasting.

Hay harueſt now calleth slacke husbands to worke, and such as haue leisure, it is good to fallow for Wheat, and to carry out soile, and to gather seeds and flowers to keepe all the yeare, and to dry the flowers in the shade, till they be almost dry, and then set them a while to the sun, that they mould not: and in like manner may you vse your hearbs.

¶ Of August.

Day	The Sun riseth.	The Sun setteth.
1	hou. 4 and 36 min.	houre 7 and 24 min.
7	hou. 4 and 48 min.	houre 7 and 12 min.
14	hour. 5 and 0 min.	houre 7 and 0 min.
21	hou. 5 and 16 min.	hour 6 and 44 min.
28	hou. 5 and 27 min.	hour 6 and 33 min.

Last quarter the 1. day, 15 minuts after 6. of the clocke in the morning, windy and inconstant.

New moone the 1. day, 55. minutes after 6. of the clocke in the morning cloudy and stormy.

First quarter the 18 day, 56 minutes after sixe of the clocke in the morning, stormy and windy.

Full Moone the 25. day, 34. minuts after 7 of the clock at night, rainy showers.

Auguſts Abſtract.

In August moderate diet is good Phisicke, for now it is very dangerous to surfeit: and take good heede of heates and thercolds, for nothing sooner engendereth Pleurisies. And vse not to sleep much, and especially after noone, for making oppilations, and for anoying of

Agues,

Agues, and the Headach, and Catharres. And let a man abſtaine from phiſick this moneth, except great neceſſity compell him.

Now Lady Ceres lookes to haue men enough to attend vpon her, and he that wil not now beſtir him to gather in wheat, is well worthy to eate browne Bread at Chriſtmas. They that would haue good ſeeds for their Garden the next yeare, muſt now gather of their own, leſt in buying abroad, they looſe both their money, fruit, and labour. And ſuch as deſire to haue Lettice, or other Hearbes for winter, may commit ſeeds to the earth now in the increaſe of the Moone.

¶ Of September.

Day	The ſunne riſeth.	The ſunne ſetteth.
1	howre 5 and 34 minu.	howre 6 and 26 minutes
7	howre 5 and 46 minu.	howre 6 and 14 minutes
14	howre 6 and 2 minuts	howre 5 and 58 minutes
21	howre 6 and 16 minu.	howre 5 and 46 minutes
28	howre 6 and 28 minu.	howre 5 and 32 minutes

Laſt quarter the firſt day, 30 minutes after 11. of the clocke in the forenoone, temperate and ſeaſonable.

New Moone the 8. day, 17, minutes after 8. of the clocke at night, ouer-caſting clouds for raine.

Firſt quarter the 16 day, 29. minuts after 11. of the clocke at night, apt for the ſeaſon.

Full moone the 24 day, 53. minuts after 4 of the clocke in the morning, reaſonable temperate.

Laſt quarter the 30, day, 15. minutes after 7, of the clock at night, ſome rainy ſhewers.

Septembers Abſtract.

In this month of September, ſuch as haue need may ſafely take Phiſicke, and alſo may bath and bleede. In this month all things are in their proper vertue. And ſuch fruits as are ripe, and not infected, are good to eat, for ſuch as haue good ſtomacks.

The time is good to make conſerues of Barberies and Quinces, winter hearbs muſt be now ſowne, likewiſe is the time to ſet Hartichokes, Roſe-trees, Apples, Pears, Wardens, Strawberries, Violets, Gillowflowers. Ap-

pese are to be gathered at the full of the moon, sow Parsneps, and in dry weather gather your Hops. Good husbandry is sowing Rie and wheat, and good huswifery is making of Vernyce, and plucking of Hemp. &c.

¶ Of October.

Day	The sunne riseth.	The sunne setteth.
1	howre 6 and 34 minu.	hovvre 5 and 26 minuts
7	howre 6 and 46 minu.	hovvre 5 and 14 minuts
14	hovvre 7 and 0 minuts	hovvre 4 and 0 minutes
21	hovvre 7 and 15 minu.	hovvre 4 and 45 minuts
28	hovvre 7 and 26 minu.	hovvre 4 and 34 minuts

New Moone the 8. day, 19, minuts after high noone, indifferent good weather.

First quarter the 16. day, 23. minutes after 4. of the clock in the afternoone, cloudy and windy.

Full Moone the 23. day, 22. minutes after 2. of the clocke in the afternoone, windy and vnconstant.

Last quarter the 30 day, 32 minuts after 6, of the clock in the morning, some storme to be expected.

Octobers Abstract.

In this month of October, thou mayst take Phisicke, and also bleed and bath if occasion serue, vse hot meates, and drinke any good wholesome wines to nourish good bloud: and beware of taking colde, because the Quartaine Ague wil be apt to be taken, and such other dangerous diseases.

Remoue young Trees, as Apples, Peares, Quinces, Roses, &c. Set Peasc, Parsneps, &c.

Good Husbands need not be hasted to sowing of wheat, set Nuts, Acornes, and Filberds, and to doing of such good husbandry.

¶ Of Nouember.

Day	The sunne riseth.	The sunne setteth.
1	hovvre 7 and 33 minuts	hovvre 4 and 27 minuts
7	hovvre 7 and 42 minuts	hovvre 4 and 18 minuts
14	hovvre 7 and 52 minuts	howre 3 and 8 minutes
21	hovvre 8 and 3 minutes	hovvre 4 and 57 minuts
28	hovvre 8 and 9 minutes	hovvre 3 and 51 minuts

New

New moone the 7. day, 36. min. after 6. of the clock in the morning, rainy and windy.

First quarter the 15 day, 10. min. after 7 of the Clocke in the morning, stormy and vnconstant.

Full moone, the 22. day. 51 minutes before one of the clocke in the morning, winterly weather.

Last quarter the 28. day 37. min. after 9, of the clocke at night, some ouercasting clouds.

Nouembers Abstract.

In November finish thy Phisicke that yee meane to take, and so rest till March, except som great necessitie compell thee: vse good meats and wholesome Wine to nourish thy blood: prouide thee warm clothing, and go dry of thy feet, or else make sure account of rheume & Pose, besides some other inconuenience that wil ensue. Beware of the hot house this month, and vse Betony and Cinamon in drinke.

In the new of the Moone, you may remoone young trees as in the last month, and set Crab-tree stockes to graft vpon, when you please. It is also a good time in the wane of the moone, to set Pease, Beans, and if the weather be not too hard, it is good sowing of parsneps, good making of Malt, and killing of Beeues & Swine.

¶ Of December.

Day	The sunne riseth.	The sunne setteth.
1	howre 8 and 12 minu.	howre 3 and 48 minutes
7	howre 8 and 14 minu.	howre 3 and 46 minutes
14	howre 8 and 15 minu.	howre 3 and 45 minutes
21	howre 8 and 12 minu.	howre 3 and 48 minutes
28	howre 8 and 7 minu.	howre 3 and 53 minutes

New moone the 7. day, 28. minuts after 1. of the clocke in the morning, fitting the season.

First quarter the 4, day, 44, minuts after 7, o the clocke at night, some fall of moisture.

Full moone the 21. day, 40. minutes after 10. of the clocke in the forenoone some raine or snow.

Last quarter the 28. day, 54. minuts after 3. of the clock in the afternoone, frosty and cold.

In

Decembers Abstract.

In this month of December, keepe thy body and head from cold, and eate such meates as bee of hot quality, abstaine from Physick, and let thy kitchen be thy Apothecary, warme clothing thy Nurse, merry company thy Keepers, and good hospitality thine exercise.

Remoue trees and bushes as aforesaid in November, if the weather prooue not extreame. In the wane of the moone, set Beans and Pease, and those hearbs that cannot endure the cold, couer them with straw, or other prouision, from the frosts and snow. Finally, thus ending the old yeare, let vs repent vs, and forsake our old sinnes and lead newe liues, all the daies of this miserable and transitory life, that in the end, we may be translated into euerlasting ioy and happinesse, through Iesus Christ our Sauiour, who be praised for euer and euer, Amen.

A Precaution and aduertisement, made for euery month of this yeare of our Lord God 1618. declaring the dangerous daies and nights to take any sickenesse, or to be sicke in: whereby euery man may take heed to himselfe, and so prouide in time for speedy remedy.

¶ Of Ianuary 1618.

The first and second daies, and most part of the nights dangerous, the 9. and all night likewise, the 16, day and all night, and the 17, day verie dangerous, the 23, daie & all night in like manner, the 30 daie and all night vntill the next day at noone, very dangerous.

¶ Of February 1618.

The 6, and 7, dayes and nights vntill the next daie at noone dangerous, the 13. and 15, daies likewise, the 19, & 21 dayes and nights in like manner the 26 day also very dangerous.

The

¶ Of March 1618.

The firſt day and the fift day and all night dangerous, the 9 day and the 12 day and al night vntill the next day at noone, in like ſort dangerous, the 15 day and all night vntill the nexte day at noone, & the 19 day in like manner, the 22 and 25, both dayes and nights, & the 30 day dangerous.

¶ Of Aprill. 1618.

The 2 day and night, and the 7 day dangerous, the 9 & 13 daies and nights in like manner, the 15 day & night likewiſe, the 20 and 22, both dayes and nights likewiſe dangerous, the 28 day and 29 daie and all night vntill the next day at noone, very dangerous.

¶ Of May.

The 6 and 7 daies dangerous, the 12 day and all night, and the 13 day likewiſe, the 19 day and all night, vntill the next day at noone, alſo dangerous, the 27 day & moſt part of the night, and the 29 day alſo very dangerous.

¶ Of Iune.

The third day all night vntill the next day at noone, very dangerous, the 10 day and all night in like manner, the 16 and 17 daies and nights dangerous, the 23 day and all night, vntill the next day at noone, and the 25 day likewiſe very dangerous.

¶ Of Iuly.

The firſt and ſecond day and all night dangerous, the 7, day and all night, and the 9 day in like ſort, the 14 day, & the 16 day and night likewiſe, the 21 day and all night, & the 24 day dangerous, the 28 day and all night, and the 31 day alſo very dangerous.

¶ Of Auguſt.

The 3 day and all night vntill the next day at noone, and the 6 day and all night very dangerous, the 10 day and all night, and the 14 day likewiſe, the 18 & 22 daies likewiſe dangerous, the 25 day alſo, and the 28 day & night, and the 31 day in like manner very dangerous.

¶ Of

¶ Of September.

The 4 day and most part of the night, and the 7 day dangerous, the 12 day and the 14 day and most part of the night in like maner, the 19 day and night, and the 21 day and most part of the night dangerous, the 26 & 27 daies and nights likewise very dangerous.

¶ Of October.

The 3 and 4 daies dangerous, the 10 and 11, both daies and nights likewise, the 18 day and all night dangerous, the 24 and 25, both daies and nights untill the next day at noone, in the sort, the 31 day and all night very dangerous.

¶ Of Nouember.

The 7 and 8 daies and nights dangerous, the 15 day and all night, vntill the next day at noone, in like manner, the 21 day and the 22 day, very dangerous, the 27 day and most part of the night, and the 28 day also dangerous.

¶ Of December.

The 4 and 6 daies and nights very dangerous, the 12 & 14 daies in like manner, the 18 and 20, both daies and nights dangerous, the 24 day and all night and the 27 day likewise, the 31 day and all night very dangerous.

Soli sapienti Deo, sola Gloria.

FINIS.

Neue. 1620.

A New Almanacke, and Prognostication, with the forraigne Computation, seruing for the yeare of our Lord and Sauiour Iesus Christ, 1620.

Being the Bissextile or Leape yeare.

Rectified for the Elevation of the Pole Arricke, and Meridian of the famous Towne of great Yarmouth in Norfolke: and may serue generally for the most part of great Britaine.

Practised, penned and published, by Iohnny Neue, Gent.

LONDON
Printed for the Company of Stationers. 1620.

The Contents of this double Kalender, for the yeare of our Lord God. 1620. which is the Bissextile or Leape yeare, according to the Accompt and Computation of the Church of England.

The Prime or Golden Number, 6.
The Circle of the Sunne is 5.
The Epact is, 6.
The Dominicall Letters, B. A.
The Roman Indiction. 3.
The space betweene Christmas and Shroue-sunday, is nine weekes and one day.

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Ascention day.	May	25.
Whitsunday	June	4.
Aduent sunday	December	3.

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Betweene Easter and Ascention, is 5. weekes & 3. dayes.
Between Whitsunday & Midsummer, is 2. weeks & 5. da
Between Midsumer & Barthol: is 8. weekes & 4. dayes.
Between Barthol: & All Saints, is 9. week. & 3. dayes.

The Forraine Computation.

The Golden number 6.
The Circle of the Sunne, 5.
The Epact, 26.
The Dominicall Letters, E. D.
The Roman Indiction, 3.

Shroue-sunday,	March	1.
Easter day,	Aprill	19.
Ascention day,	May	28.
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The space betweene Christmas and Shroue-sunday, is 9. weekes and 4. dayes.

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The Anotomie of Mans body, as the parts thereof are gouerned by the 12. Cœlestiall Signes.

Aries, head and face: Taurus, the necke and throat, Gemini, the armes and shoulders: Cancer, the breast and stomacke: Leo, heart and backe: Virgo, guts and belly: Libra, reines and buttockes: Scorpio, secret and members: Sagitarius, the thighes: Capricornus, the knees: Aquarius, the legs: Pisces, the feete.

Now if your body in health will keepe,
Warme meates for it is very meete:
Flie Phiſicke, Sloath, and Venery,
Auoyde all Bathes moſt carefully.

1	a	New yea. da	Aries. 3.	11	d		
2	b	Oct. of Ste.	Aries 16	12	e	☽ The firſt quar-	
3	c	Oct. of Iohn	Tau. 0	13	f	ter the 2. day, 28. mi-	
4	d	Oct. of Inno.	Tau. 14	14	g	nutes, after 8. of the	
5	e	Edward dep	Tau. 28	15	a	clocke at night.	
6	f	Twelfe day.	Gem. 13	16	b		
7	g	Wed. com. in	Gem. 27	17	c		
8	a	Lucian. pꝛie.	Can. 12	18	d	● The full Moone	
9	b	1. ſun. aft. E.	Can. 27	19	e	the 9. day, 45. minuts	
10	c	Sol in Aquari.	Leo 12	20	f	after high-noone.	
11	d	Linus mart.	Leo 27	21	g		
12	e	Hillarius bi.	Virg. 11	22	a		
13	f	Archade mar	Virg. 25	23	b	☾ The laſt quar-	
14	g	Felix Pꝛieſt	Libꝛ. 9	24	c	ter the 16. day, about	
15	a	Mauric. biſh	Libꝛ. 22	25	d	11. of the clock in the	
16	b	2. ſun. af. Ep	Scorp. 5	26	e	after-noone.	
17	c	Anthony dep	Scoꝛ. 18	27	f		
18	d	Pꝛiſca virg.	Sagi. 1	28	g	● The new moone	
19	e	Wolſian biſh	Sag. 13	29	a	the 24. day, 25. min-	
20	f	Fab. & Seba	Sag. 25	30	b	aft. 3. of the clocke in	
21	g	Agnes vir.	Capꝛ. 6	31	c	the after noone.	
22	a	Vinſent mar	Capꝛ. 18	1	d	February. 1620.	
23	b	3. ſun. af. Ep	Aqua. 0	2	e	Purification of ♍	
24	c	Term begun	Aqua. 12	3	f		
25	d	Con. of Paul	Aqua. 23	4	g		
26	e	Policarp. B	Piſces. 5	5	a		
27	f	Julian biſh	Piſc. 18	6	b		
28	g	Theodoꝛe pꝛ	Aries 0	7	c		
29	a	Valerius bi.	Aries 13	8	d		
30	b	4. ſun. af. Ep	Aries 26	9	e		
31	c	Satur. & vic	Taur. 9	10	f		

February hath xxix. dayes.

This Month as yet no Phisicke vse,
For feare that you your selfe abuse:
Bleede not nor bath, be rul'd by me,
Except vpon necessitie.

1	d	Brigit. fast	Tau. 23	11	g	☽ The first quarter the first day, 37. min. after 8. of the clocke in the forenoon
2	e	Puri. of Ma	Gem. 7	12	a	
3	f	Blase bishop	Gem. 22	13	b	
4	g	Gilbert Con	Can. 6	14	c	
5	a	Agathie virg	Can. 21	15	d	
6	B	5. sun. aft. Ep	Leo. 6	16	E	
7	c	Angule bish.	Leo. 21	17	f	
8	d	Paul bishop	Virg. 5	18	g	● The full moone the 7. day, 15. min. after 11. of the clocke at night.
9	e		Virg. 20	19	a	
10	f	Apolonius.	Lib. 4.	20	b	
11	g	Eufragie vir	Libr. 17	21	c	
12	a	Terme ends	Scor. 0	22	d	
13	B	Septuagesima	Scor. 13	23	E	
14	c	Valentine	Sco. 26	24	f	☾ The last quarter the 15. day, 14. min. after 5. of the clock in the morning.
15	d	Fawstine	Sagit. 9	25	g	
16	e	Julian virg.	Sag. 21	26	a	
17	f	Samuell	Capr. 3	27	b	
18	g	Hugo bishop	Capr. 15	28	c	
19	a	Sabine	Capr. 27	29	d	
20	B	Sexagesima su	Aqua. 9	1	D	March, 1620.
21	c	70. Martyrs	Aqua. 21	2	e	
22	d	Cat. & S. Pe	Pisc. 3	3	f	● The new moone the 23. day, 49. min. after 8. of the clocke in the morning.
23	e	Policarpe	Pisc. 15	4	g	
24	f	Locus bish.	Pisc. 27	5	a	
25	g	S. Mathias	Aries. 10	6	b	
26	a	Nestor mart.	Aries 23	7	c	
27	A	[illegible]	Taur. 6	8	D	
28	b	August. bish	Tau 19	9	f	
29	c	Oswald bish	Gem. 3	10	g	

Now March begins the Springing time,
The Sunne hath got the equall line:
Vse Phisickes Art and all thy skill,
To helpe diseases that be ill.

1	d	Wed. goe out	Gem. 17	11	g	☽ The first quarter
2	e	Chadde bish	Can. 2	12	a	the first day, 4. min.
3	f	Maurice	Can. 16	13	b	after 5. of the cloche
4	g	Adrian mart	Leo. 1	14	c	in the afternoone.
5		1. sund. in Le	Leo. 16.	15		
6	b	Victor mart.	Virg. 0.	16	e	● The full moone
7	c	Perpetua	Vir. 14	17	f	the 8. day, 11. min. af-
8	d	Ember wee	Vir. 28.	18	g	ter 10. of the cloche
9	e	40. Martyrs	Libr. 12	19	a	in the forenoone.
10	f	Agapit	Libr. 25	20	b	
11	g	Solis Aries	Scor. 8.	21	c	☾ The last quarter
12		Gregorie bi.	Sco. 21	22		the 16. day. 38. min.
13	b	Theodore	Sag. 4.	23	e	before 1. of the cloche
14	c	Candid. mar	Sag. 16	24	f	in the morning.
15	d	Longinus m.	Sag. 28	25	g	Annunciation of Ma.
16	e	Bonefacе bi	Cap. 11	26	a	
17	f	Gertrude bir	Cap. 23	27	b	● The new moon
18	g	Edward Ki.	Aqua. 5.	28	c	the 23. day, 17. min.
19		3. sun. in lent	Aqu. 17	29		after 11. of the cloche
20	b	Cuthert	Aqua. 29	30	e	at night.
21	c	Benedict	Pisc. 12	31	f	
22	d	Afrodise	Pisc. 24	1	g	Aprill 1620.
23	e	Theodore bi.	Aries. 7	2	a	
24	f	Init Reg. Ia	Ari. 19.	3	b	
25	g	Annu. of M	Tau. 3	4	c	
26		4. sun. in lent	Tau. 16	5	d	☽ The first quarter
27	b	Martian	Gemi. 0	6	e	the 30. day, 41. min.
28	c	Dorothie vir	Gem. 14	7	f	after 11. of the cloche
29	d	Antinine	Gem. 28	8	g	at night.
30	e	Mustine	Can. 12	9	a	
31	f	Adelme	Can. 27	10	b	

This Aprill with his stormie showers,
Doth make the earth yeeld pleasant Flowers:
Purge well therefore, for it is good,
To helpe thy body and cleanse thy blood.

1	g	Theodore	Leo	11	11	e
2	A	Mary egipt	Leo	26	12	D
3	b	Rich. bish.	Virg.	10	13	e
4	c	Ambrose.	Virg.	24	14	f
5	d	Marcian	Libra.	7	15	g
6	e	Sixtus bish.	Libr.	21	16	a
7	f	Egisippus.	Scorp.	4	17	b
8	g	Perpetuus	Scor.	17	18	c
9	A	Dalmatius	Scor.	29	19	D
10	b	Sol in Taurus	Sag.	12	20	e
11	c	Tiburt marr	Sag.	24	21	f
12	d	Oswald Arc.	Capr.	6	22	g
13	e	Julian.	Capr.	18	23	a
14	f	Guthlace	Aquar.	0	24	b
15	g	Simond	Aqua.	13	25	c
16	A	Easter day.	Aqua.	25	26	D
17	b	Cosme	Pisc.	7	27	e
18	c	Quintine	Pisc.	20	28	f
19	d	Alphage Ar.	Aries.	2.	29	g
20	e	Victor bish.	Aries	15	30	a
21	f	Simeon bish	Aries	28	1	b
22	g	Mother virg	Tau.	12	2	c
23	A	St. George	Tau.	26	3	D
24	b	Aged. com. in	Gem.	10	4	e
25	c	Mark Eua	Gem.	24	5	f
26	d	Clete bish.	Canc.	9	6	g
27	e	Anastatius b	Can.	23	7	a
28	f	Vitalis.	Leo	8	8	b
29	g	Pet. of Mil.	Leo	22	9	c
30	A	2. su. aft. Ea.	Virgo	6	10	D

● The full Moon the 6. day, 7. minutes after 11. of the clocke at night.

☾ The last quarter the 14. day, 14. min. after 7. of the clocke in the euening.

Easter day.

St. George.

Marke Euangelist.

● The new moone the 22. day, about 11. of the clocke in the fore-noone.

May, 1621.

☽ The first quarter the 29. day, 53. minutes, after 4. of the clocke in the morning.

Now gallant May in his aray,
Doth make the Fieldes pleasant and gay:
Walke earely now for thy health's sake,
And still thou maist some Phisicke take.

1	b	Phil. & Iac.	Virg. 20	11	e		
2	c	Athanasius	Libra. 4	12	f		
3	d	Term begin	Libr. 17	13	g		
4	e	Inn. of Crof.	Scorp. 0	14	a	● The full moone the 6. day, about a 11 of the clocke, in the fore-noone.	
5	f	Goddard.	Sco. 13	15	b		
6	g	Iohn Port lat.	Sco. 25	16	c		
7	A	3. sun. aft. Ea	Sag. 8.	17	D		
8	b	Iohn of Beu	Sag. 20	18	e		
9	c	Appa. Mich.	Cap. 2.	19	f	☾ The last quarter the 14. day, 47. minutes, after high noone.	
10	d	Gordian	Cap. 14	20	g		
11	e	Sol in Gemi	Cap. 26	21	a		
12	f	Nereus	Aqua. 8	22	b		
13	g	Seruatius	Aqua. 20	23	c		
14	A	4. su. aft. Ea.	Pisc. 2.	24	D	Rogation sunday.	
15	b	Sophia	Pisc. 15	25	e		
16	c	Dioscor. mar	Pisc. 27	26	f		
17	d	Trans. Bar.	Aries 10	27	g	● The new moone the 21. day 13. min. after 8. of the clocke at night.	
18	e	Dunston	Aries 23	28	a		
19	f	Bernardine.	Taur. 7	29	b		
20	g	Iulian virg.	Tau. 21	30	c		
21	A	Rogat. sunday	Gem. 5	31	D		
22	b	Wed. goe out	Gem. 19	1	e	June. 1620.	
23	c	Tran. of Fra	Can. 4.	2	f	☽ The first quarter the 28. day, 47. minutes after 10. of the clocke in the fore-noone.	
24	d	Adelme bish.	Can. 18	3	g		
25	e	Ascentio day	Leo 3.	4	a		
26	f	August. Eng	Leo 18	5	b		
27	g	Beda. priest	Virg. 3	6	c		
28	A	6. sun. aft. E.	Virg. 17	7	D	Whitsunday.	
29	b	Terme ends	Libra 1	8	e		
30	c	Felix bishop	Libr. 14	9	f		
31	d	Petronill	Libr. 27	10	g		

This Month of Iune vſe clarified whay,
Boyl'd with colde Hearbes drinke alway:
From violent exerciſe now abſtaine,
Except thou wilt in trouble remaine.

1	c	Nichomede	Gro. 10	11	a		
2	f	Marcelline	Scor. 23	12	b		
3	g	Eraſmus ma.	Sagit. 5	13	c	● The full moone	
4		Whitſunday	Sag. 17	14	d	the 5. day, 7. min. be-	
5	b	Boniface bi.	Sag. 29	15	e	fore one of the clocke	
6	c	Wollſtone	Capr. 11	16	f	in the morning.	
7	d	Ember wee.	Cap. 22	17	g	Eclipſed.	
8	e	Medard & G	Aqua. 4	18	a		
9	f	Tranſ. Edm	Aqua. 16	19	b	☾ The laſt quarter	
10	g	Iuan. Conk.	Aqua. 28	20	c	the 13. day, 11. min.	
11		Trinity ſun.	Piſc. 10	21	d	After 4. of the clocke	
12	b	Sol in Cance	Piſc. 23	22	e	in the morning.	
13	c	Med. com in	Aries 5	23	f		
14	d	Anthony Co	Arie. 18	24	g	Iohn Baptiſt.	
15	e	Vite & Mod.	Taur. 1	25	a	● The new moone	
16	f	Term Begi.	Tau. 15	26	b	the 20. day, 57. min.	
17	g	Botulph	Gem. 0	27	c	after 3. of the clocke	
18		1. ſun. aft. tri.	Gem. 13	28	d	in the morning.	
19	b	Nat. Rex. Iac.	Gem. 28	29	e	Peter Apoſtle.	
20	c	Tran. of Ed	Can. 13	30	f		
21	d	Maiburge	Can. 28	1	g	Iuly a 620.	
22	e	Alban mart.	Leo 13	2	a		
23	f	Etheld. faſt	Leo 27	3	b		
24	g	Iohn Bapt.	Virg. 12	4	c		
25		2. ſun. aft. tri	Virg. 26	5	d	☽ The firſt quarter	
26	b	Iohn & Paul	Libra 12	6	e	the 26. day, 43. min.	
27	c	Creſcen. ma.	Libra 24	7	f	after 6. of the clocke	
28	d	Leo biſh. faſt	Scor. 7	8	g	in the afternoone.	
29	e	Peter Apoſt.	Scor. 20	9	a		
30	f	Com. of Pau.	Sagit. 2	10	b		

Now in Iuly Dog dayes begin,
The Riuers are best to Bath in,
To take hote drinkes be not too bolde,
But vse hearbes which be moyst and colde.

1	g	Octa Joh. B	Dag. 14	11	c	
2	a	vifit. of Ma.	Dag. 26	12	d	
3	b	tran. of Tho.	Cap. 8.	13	e	● The full moone
4	c	tranſ. of Ma	Capr. 20	14	f	the 4. day, 48. minuts
5	d	Termeenſdo	Aqua. 1	15	g	after 3. of the clocke
6	e	Oc. of Pet.	Aqu. 13	16	a	in the after noone.
7	f	Martialis	Aqu. 24	17	b	
8	g	Chilian	Piſc. 7	18	c	
9	a	4. ſun. aft. tri	Piſc. 19	19	d	
10	b	7. brethren.	Aries 1	20	e	☾ The laſt quarter
11	c	tran. of Ben.	Aries 13	21	f	the 12. day, 18. min.
12	d	Naboꝛ & Fel.	Aries 26	22	g	after 5. of the clocke
13	e	Sol in Leo.	Tau. 10	23	a	in the afternoone.
14	f	Kenell.	Tau. 23	24	b	
15	g	tranſ. Swit.	Gem. 7	25	c	James Apoſtle.
16	a	5. ſun. aft. tri	Gem. 21	26	d	
17	b	Kenelm. K.	Can. 6	27	e	● The new moone
18	c	Arnolph. bi.	Can. 21	28	f	the 19. day, 9. min. af=
19	d	Dog da. beg	Leo. 6	29	g	ter 11. of the clocke in
20	e	Marga. virg	Leo 21	30	a	the foꝛe=noone.
21	f	Praxed virg.	Virg. 6	31	b	
22	g	Mary Mag.	Virg. 21	1	c	Auguſt, 1620.
23	a	6. ſun. aft. tri	Lib. 5	2	d	
22	b	Chriſti. Fat	Lib. 19	3	e	☽ The firſt quarter
25	c	D. Jam. Ap	Scoꝛ. 3.	4	f	the 26. day, 23. min.
26	d	An Mo. Ma	Sco. 16	5	g	after 5. of the clock in
27	e	7. ſleepers	Scoꝛ. 29	6	a	the moꝛning.
28	f	Hampſon bi	Sag. 11	7	b	
29	g	Fe. & his fel.	Sag. 23	8	c	
30	a	7. ſun. aft. tri	Capr. 5	9	d	
31	b	Germane bi.	Cap. 17	10	e	

This month of Auguſt take good heede,
For now will many Surfets breede:
Let little ſleepe thee now Content,
If that diſeaſes thou wilt preuent.

1	c	Lammas da.	Capr. 29	11	f		
2	d	Steph. biſh.	Aqu. 11	12	g		
3	e	Inuen. Ste.	Aqu. 22	13	a	● The full moone	
4	f	Juſtine Vrie	Piſc. 4.	14	b	the 3. day, 13, minuts	
5	g	Gowries cō.	Piſ. 16	15	c	after 7. of the clocke	
6	A	8 ſun. af. tri.	Piſc. 28	16	D	in the morning.	
7	b	Donotus	Aries 10	17	e		
8	c	Cir. & his Fe	Aries 23	18	f	(The laſt quar=	
9	d	Roman mar	Taur. 5	19	g	ter the 11. day, 45,	
10	e	Laurence	Tau. 19	20	a	minuts, after 3. of the	
11	f	Tiburt. mar	Gem. 2	21	b	clocke in the morning	
12	g	Clare virgin	Gem. 16	22	c		
13	A	Sol in [illegible]o.	Can. 0	23	D		
14	b	Euſebius	Can. 15	24	e	Barthol: Apoſtle.	
15	c	Aſſump. Ma	Leo 0	25	f		
16	d	Roch. mart.	Leo 15	26	g		
17	e	Octo Laure.	Virg. 0	27	a	● The new Moone	
18	f	Agapit virg.	Virg. 15	28	b	the 17. day, 38. minut,	
19	g	Magn. mar.	Virg. 29	29	c	after 6. of the clocke	
20	A	10. ſun. af. tr.	Lib. 13	30	D	at night.	
21	b	Bernard con	Lib. 27	31	e		
22	c	Octa aſſump	Scor. 11	1	f	September, 1620,	
23	d	Zachary laſt	Sco. 24	2	g		
24	e	Barth. Apo.	Sag. 7	3	a		
25	f	Lewis King	Sag. 20	4	b	) The firſt quar=	
26	g	Dog day end	Capr. 2.	5	c	ter, the 24. day, 43	
27	A	11. ſu. afr. tri	Cap. 14	6	D	minuts, after 6. of the	
28	b	Auguſt, biſh,	Cap. 26	7	e	clocke at night.	
29	c	Decol. of Jo	Aquar. 8	8	f		
30	d	Felix & Jud.	Aqua. 20	9	g		
31	e	Cuthburg. vir	Piſces 2	10	a		

Now maist thou Phisicke safely take,
And bleede and Bath for thy healths sake:
Eate Figges and Grapes and Spicerie,
For to refresh thy members dry.

1	f	Giles Abbot	Pisc. 13	11	b	● The full Moone	
2	g	Antho. mart	Pisc. 25	12	c	the first day, 44. min.	
3	A	12. sun. aft. tr	Aries 7	13	D	after 10. of the clocke	
4	b	Transl. of cut	Aries 20	14	e	at night.	
5	c	Hercules	Taur. 2	15	f		
6	d	Eugenius	Tau. 15	16	g		
7	e	Ma. reg. Eli.	Tau. 28	17	a	☾ The last quar-	
8	f	Nat. of Ma.	Gem. 12	18	b	ter, the 9. day, 19.	
9	g	Gorgon. mar	Gem. 26	19	c	minutes after high	
10	A	13. sun. aft. tr	Can. 10	20	D	noone.	
11	b	Martian	Can. 25	21	e	Mathew Apostle.	
12	c	Proth. & Jac.	Leo 9	22	f		
13	d	Sol in Libra	Leo 24	23	g	● The new noone	
14	e	Exalt. Crux	Virg. 9	24	a	the 16. day, 26. min.	
15	f	Oct. of Ma	Vir 23	25	b	after 3. of the clocke	
16	g	Edith virg.	Libr. 8.	26	c	in the morning.	
17	A	14. sun. aft. tr	Libr. 22	27	D		
18	b	Luc. & Com.	Scor. 5	28	e		
19	c	Jamu. mart	Sco. 19	29	f	Michaell Arch.	
20	d	Ember week	Sag. 2	30	g		
21	e	Mathew A.	Sag. 15	1	a	October, 1620.	
22	f	Mauritius	Sag. 27	2	b		
23	g	Tecla virg.	Capr. 10	3	c		
24	A	15. sun. aft. tr	Cap. 22	4	D	☽ The first quar-	
25	b	Firmin. mar	Aqua. 4	5	e	ter the 23. day, 11,	
26	c	Cipr. & Just.	Aqu. 16	6	f	minutes, after high	
27	d	Cosm. & Da	Aqua. 28	7	g	noone.	
28	e	Exupe. Fast	Pisc. 10	8	a		
29	f	Michaell Ar	Pisc. 22	9	b		
30	g	Hierom. pri	Aries 4.	10	c		

This Month hot drinkes and meates be good,
To keepe thy health and nourish thy blood:
Prouide warme cloathes and goe dry,
Thou shalt escape much danger thereby.

1	g	Remigius bi	Aries 17	11	D		
2	d	Leodig. bish.	Taur. 0	12	e	●	The full moone
3	c	Candide ma	Tau. 12	13	f		the 1. day, about 2. of
4	d	Francis conf	Tau. 25	14	g		the clocke in the af=
5	e	Apolinarius.	Gemi. 9.	15	a		ternoone.
6	f	Faith virgin	Gem. 22	16	b		
7	g	Mart. e Ma	Can. 6.	17	c		
8	a	17. sun. aft. tr	Can. 21	18	D	Luke Euangelist.	
9	b	Terme beg.	Leo 5	19	e	☾	The last quarter
10	c	Geron e Alex	Leo 20	20	f		the 8. day, 7. min. after
11	d	Burchardus	Virg. 4	21	g		7. of the cloc. at night.
12	e	Maximili.	Virg. 19	22	a		
13	f	Sol in Scorpio	Libr. 3	23	b	●	The new moone
14	g	Calixt bish.	Libr. 17	24	c		the 31. day, 17. min.
15	a	18. sun. aft. tr	Scor. 0	25	D		after 2. of the clocke
16	b	Mich. moun.	Sco. 14	26	e		in the after noone.
17	c	Tr. of Ethe.	Sco. 27	27	f		
18	d	Luke Euan.	Sag. 10	28	g	Simon e Jude.	
19	e	Frideswide v.	Sag. 22	29	a		
20	f	Austrebert	Capr. 5	30	b	☽	The first quarter
21	g	Vrsula virg.	Capr. 17	31	c		the 23. day, 48. min.
22	a	19. sun. aft. tr	Cap. 29	1	D	Nouember, 1620.	
23	b	Severinus	Aqu. 12.	2	e		after 7. of the clocke
24	c	Tran. of Jo.	Aqu. 24	3	f		in the morning.
25	d	Crisp. e Cris	Pisc. 6.	4	g		
26	e	Evarat	Pisc. 18	5	a		
27	f	Floren. Fab	Aries 0	6	b	●	The full moone
28	g	Simon e Ju	Ari. 13	7	c		the 31. day, 13. minut.
29	a	20. sun. aft. tr	Arie. 26	8	D		after 4. of the clocke
30	b	Marcellus bi.	Tau. 8	9	e		in the morning.
31	c	Quintin.	Tau. 22	10	f		

Nouember hath xxx. dayes.

Now mayst thou drinke sweete wines freely,
And vse good mirth and Company:
Abstaine from wrath and all enuy,
And vse thy brethereu Charitably.

1	d	All Saints	Gem. 4	11	g	
2	e	All Soules	Gem. 19	12	a	
3	f	Menefride	Can. 3	13	b	
4	g	Amantius	Can. 17	14	c	☾ Last quarter the 7. day, 44. minut. after 1. of the clocke in the morning.
5	A	Powder tre.	Leo 1	15	D	
6	b	Leonard	Leo 16	16	e	
7	c	Wilfride Ar.	Virg. 0	17	f	
8	d	4. Crowned	Virg. 15	18	g	
9	e	Theodore m.	Virg. 29	19	a	
10	f	Paterni	Libr. 13	20	b	● The new moone the 15. day, 57. min. after 3. of the clocke in the morning.
11	g	Martin bish	Libr. 27	21	c	
12	A	Sol in Sagitar.	Sco. 10	22	D	
13	b	Brice	Sco. 23	23	e	
14	c	Tran. of Erk	Sagi. 6	24	f	
15	d	Macute bish	Sag. 19	25	g	☽ The first quarter the 22. day, 23. mi. after 4. of the clocke in the morning.
16	e	Edmu. bish.	Capri. 1	26	a	
17	f	St. Hugh b.	Cap. 13	27	b	
18	g	Octa. Martin	Cap. 25	28	c	
19	A	23. sun. af. tr.	Aquar. 7	29	D	Aduent Sunday
20	b	Edmund K.	Aqua. 19	30	e	Andrew Apostle.
21	c	Pres. of Ma.	Pisce. 1	1	f	December, 1620.
22	d	Cicily virg.	Pisc. 13	2	g	
23	e	Clement B.	Pisc. 26	3	a	
24	f	Grisogon m.	Aries. 8	4	b	● The full moone the 29. day, 13. min. after 5. of the clocke at night. Eclipsed.
25	g	Katherine	Arie. 21	5	c	
26	A	24. sun. af. tr.	Tau. 4	6	D	
27	b	Agricola	Tau. 17	7	e	
28	c	Germe en [illegible]	Gem. 0	8	f	
29	d	Saturn Fast	Gem. 14	9	g	
30	e	Andrew Ap	Gem. 28	10	a	

December hath xxxj. dayes.

This Moneth as I doe now remember,
The Twenty fiue of this December:
Our Sauiour Christ was borne that day,
That we might praise his name alway.

1	f	Eligius bish	Can. 12	11	b
2	g	Libiany ma.	Can. 27	12	c
3	a	Aduent sund	Leo 12	13	D
4	b	Med. goe out	Leo 26	14	e
5	c	Sabba Abb	Virg. 11	15	f
6	d	Nicholas bi.	Vir. 25	16	g
7	e	Oct. Andrew	Lib. 10	17	a
8	f	Conc. of Ma	Lib. 23	18	b
9	g	Joachim.	Scorp. 7	19	c
10	a	2. sun. in Aduent	Scor. 20	20	D
11	b	Damas. Con	Sag. 3	21	e
12	c	Sol in Capri.	Sag. 15	22	f
13	d	Lucy virgin	Sag. 27	23	g
14	e	Othy virgin	Capr. 9	24	a
15	f	Valerius bi.	Cap. 21	25	b
16	g	O sapientia	Aqua. 3	26	c
17	a	3. sun. aft. Ad	Aqu. 15	27	D
18	b	Gratian bish	Aqua. 27	28	e
19	c	Venetia vir.	Pisce. 9	29	f
20	d	Ember week	Pisc. 21	30	g
21	e	S. Tho. Ap.	Aries 3.	31	a
22	f	30. Martires.	Aries 16	1	b
23	g	Victor virg	Taur. 0	2	c
24	a	Ad. & Eu fast	Tau. 12	3	C
25	b	Christmas d	Tau. 25	4	D
26	c	S. Steuen	Gem. 9	5	e
27	d	S. John	Gem. 23	6	f
28	e	Innocents	Canc. 7	7	g
29	f	Tho. Becket	Can. 22	8	a
30	g	Dauid.	Leo 6.	9	b
31	a	Siluester bi.	Leo 21	10	C

☾ The last quarter the 6. day, 47. minutes after 9. of the clocke in the forenoone.

● The new moone the 13. day, 25. minut. after 8. of the clocke at night.

Christmas day.
St. Stephen
St. John,
Innocents.

January, 1621.

☽ The first quarter the 22 day, halfe an houre before one of the clocke in the morning.

● The full moone the 29. day, 45. min after 4. of the clocke in the morning.

Neue 1620.

A Prognostication seruing for the yeare of our Lord God and Sauiour Iesus Christ. 1620.

¶ Wherin you may behold and obserue, the grounds of the alteration and condition of the foure quarters of this yeare, and also the estate and disposition of the ayre, for each seuerall Moneth according to the inclination of the Celestiall bodyes, with the change of the Moone, and the time of the Eclipses: and other necessary obseruations, conuenient in such a worke to be noted.

Calculated, and especially referred, to the longitude and Elevation of the Pole Artick, of the famous towne of great Yarmouth, in Norfolke, and may serue indifferently for all England.

Collected and published by Ioffery Neue, Gent.

A necessary rule to know the beginning & ending of euery Terme, with their Returnes.

¶ Hillarie Terme beginneth the 23. date of Ianuary and endeth the 12. of Febzuary, & hath foure returnes

Octabis Hillarij.	Crastino Purifica.
Quind. Hillarij.	Octabis Purifica.

¶ Easter Terme beginneth 17. daies after Easter, and endeth the monday next after Ascension date, and hath fiue Returnes.

Quind. paschæ.	Mense paschæ.	Quinque paschæ.
Tres paschæ.		Crasti Ascensionis.

¶ Trinitie Term beginneth the Friday next after Trinity sunday, and endeth the wednesday fortnight after, and hath foure Returnes, that is to say.

Crasti Trinitatis.	Quind. trinitatis.
Octabis Trinitatis.	Tres trinitatis.

¶ Michaelmas Terme beginneth the 9. day of October, and endeth the 28. of Nouember. And hath 8. Returnes, that is to say.

Octabis Michael.	Crast. Animarum.
Quind. Michael.	Crast. Martinij.
Tres Michael.	Octabis Martinij.
Mense Michael.	Quind. Martinij.

¶ Note also that the Exchequer openeth eight daies before any Tearme beginne, except Trinity Terme, in which it openeth foure daies before.

¶ On these dayes following, the Iudges sit not at Westminster.

In { Hillary, Easter, Trinity, Michaelmas } Terme, on { Candlemas, Ascension, Whitsunday, Thousand } day

Of the Eclipses which shal happen this present yeare of our Lord God, 1620.

The Luminaries this yeare, will suffer fiue times the losse or retection of the light that they impart to the earth: three the Sun, and twice the Moon: wherof those Eclipses onely of the Moone, shall be apparent in our Horizon: the other three of the Sunne shall happen in Countries far distant from vs: and therefore I omit to make any further relation of them.

Of the first Eclipse of the Moone.

Vpon the 5. day of June being monday, 7 min. before 1 of the clocke in the morning, there will sensibly and visibly appeare in our horizon an vniuersall Eclipse of the Moone, or totall depriuation of the funnes light in her: she being at that very instant diametrally opposite to the Sun, neere Caput Draconis, in a signe of the partition of the fiery Triplicity naturally hot and dry: of Complexion Cholerick, Masculine, Orientall, the house of Iupiter, gouernor of the heights. This Lunar obscuration will bee 4 houres and 3 minutes, the points or degrees eclipsed, are 18, & 18 minutes.

Of the second Eclipse of the Moone.

There will be obiected to our sights, a total Eclipse of the Moone, on the 29 day of Nouemb. being wednesday, 13 min. after 5 of the clocke at night, she being then placed neere Cauda Draconis, in the second face of Gemini, in a signe of the ayery Triplicity, naturally hot and moyst, of Complexion sanguine, masculine of the day, occidentall and common, the house of Mercury, the exaltation of the head of the Dragon. The points or degrees eclipsed, are 19 and 31 min. The whole time of the Moones obscurity, will be three houres 53 min. As concerning the effects of this Eclipse, let vs prostrate our selues before the almighty, who numbreth the stars & calleth them all by their names, that he would bouch-

safe both to rule his, gouer-rule them with his Sacred scepter, that our affections may bee exclaimed, Gods wrath pacified and his Grace procured, so that we may obtaine in the end Lazarus endlesse felicity, in Abrahams blessed bosome: the ioyes whereof are inexcogitable, the date vndeterminable, and the valew inestimable, Amen.

The Date-tree mounteth vp, when burden presseth downe,
And vertue most doth shine, when fortune most doth frown.

Briefe Rules and necessary obseruations, concerning Bleeding, Bathing, Purging, and Sweating, according to the motions of the Moone.

When the weather is eyther extremely hot or cold, it is not then conuenient, eyther to let blood or to purge, vnlesse some great necessity do require it: yet notwithstanding if this blood-letting be for the Phrensie, the Apoplexie, for a continual headache, proceeding of Choller or blood, or for any hot burning Feuer, or other extreme paine, a man in such a case may not tarry a chosen time, because the patient might miscarry in the meane season. But in this foresaid case of extremity, blood is not to be let in such quantity as otherwise it would, if a chosen time might conueniently be expected.

The best time to let the Phlegmaticke bloud, is when the Moone is in Aries, or Sagittarius, the head and thighes excepted.

For the Melancholly, the Moone being in Libra or Aquarius, the buttocks and legs excepted.

For the Chollericke, the Moone being in Cancer, Scorpio, or Pisces, the breast and feete excepted.

For the Sanguine, al be good which before is named. In the spring time let blood at the right side. In Harnest time let blood at the left side.

For

For Bathing.

Bathings are commonly vsed rather for pleasure, then for profite, especially where hot-houses are ouerings haunted: but I mislike not to speake of them in this place, otherwise then to aduertise those that tender their owne health, to be wary and circumspect in resorting vnto them without iust cause, & immediately after, or with such persons as be vncleane. Know that it is not good to bathe when the Moone is in earthly signes, as in Taurus, Virgo, or Capricornus: the reason is because they are of a colde and dry nature, and the nature of cold is to restraine and binde: and so the moone being in these signes, the Pores of the body are closed and shut, so that there can be no resolution of humors and superfluities, which by bathing, ought to be auoyded.

But in fiery signes, as when the moone is in Aries, Leo, or Sagittarius, then it is a good time for Bathing, for then the body is apt to resolution, for it is the nature of heate to open and resolue.

It is best bathing, two or three dayes after the change, and at the full of the moone: for then the superfluities are ripe, and ready to auoide, and disposed to flowe and issue out, which indeed, is the very end and vse of bathing. If any will enter into the Bath, onely for cleannesse sake, let the moone be in Libra or Pisces.

Further, if bathing be vsed for health, let the party greeued, learne of the wise Physitian, whether his sicknesse hath need of moystening, or drying: for if it both require moystening, as in Pthisis, and such like, then let him bathe in watery signes, hauing good aspects of Iupiter and Venus. But if the sicknesse require drying, as in paralysis, and the like, then let him bathe, the moon being in fiery signes, hauing good aspects of Mars and the Sunne.

Also, before you enter into any Bath, your body must be purged: for if you go in vnprepared and vnpurged, peraduenture you may be worse after, then before.

The best time of the yeare to bathe in, is the Spring and Harvest, and in them the months of May and September. The best time of the day to go into the Bath, is

an houre after the Sun rising at the least, alwayes prouided, that you must walke eyther an houre, or halfe an houre before, & haue a stole either by nature or by art. Ye must couer your heads well, so long as ye be in the bath and beware you drinke no cold drinke, although you be very thirsty, but forbeare all things that bee colde, lest when ye are hot within, the cold strike suddenly into some principall member, and so hurt you.

The time of tarrying in the bath, is commonly one houre, but it may be more or lesse, according to the nature of the bath, or sicknesse of the party, at the discretion of the wise Physition.

For Purging.

In purging, these 5. things ought to be knone
1. The humor which aboundeth.
2. The best way to auoid it.
3. The strength of the person.
4. The manner of the sicknesse.
5. The force and nature of the medicine.

For when these things are not considered and obserued, many perilous accidents may follow, and greatly grieue and hurt the body.

Good signes for purging generally, are cancer, scorpio, and pisces.

Particularly, as with potions or drinkes, in scorpio.

Purge with electuaries, the Moone being in Cancer.

Purge with pils, the Moone being in Pisces.

Take preparatiues, the moone in Geminie, Libra, or Aquarius.

Take vomits, the moone in Aries, Taurus, or Capricorne.

Take gargarises, the moone in Aries, Cancer, or Capricorne.

Take glisters, the moone in Libra, or Scorpio.

To prouoke neesings, the moone in Cancer, Leo, or Libra

To stoppe fluxes, rheumes, and laxes, the moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue attractiue, the moone in Aries, Leo, or Sagittarius.

Good to comfort the vertue digestiue, the moone in Gemini, Libra, or Aquarius.

Good

God to comfort the vertue retentiue, the Moone in Virgo or Capricornus.

God to comfort the vertue expulsiue, the moone in Cancer, Scorpio, or Pisces.

For vsing of vnguents or plaisters, it is best applyed when the moone is in that signe which gouerneth the same member, or part of ye body, to which it is applyable.

For Sweatings.

Sweatings, as they are of two sorts, that is to say, naturall and artificiall, so they are vsed for two respects & purposes: the naturall sweate, if good bee taken in opening of the pores, will dissolue grosse & thicke humors, will cleanse the blood, will comfort the spirits, will put away colde, will consume rawe humors, qualifie and quench raging feuers, will helpe numnesse & the dropsie. The artificiall sweate will cleanse leads, put away itch, amend dulnesse in hearing, ease the stone, resolue congealed and cold melancholy blood and humors, &c. But for the better performing and effectual working in these causes the counsell of the learned Physitian is to be desired and vsed.

The best and meetest signes to sweat in are Leo, Aries and Sagittarius, and that two or three dayes after the change, and at the full of the Moone. And note that sweatings is better to be done at the euening, then in the morning: for when the body hath nourishment within, the spirits shall not bee drawne vtterly forth, to the extreme parts. Note further that leane and dry folkes, or feeble persons, must sweat little, for it will hurt thē much: but fat folkes may sweat well, & it will helpe thē much.

¶ A Description of the foure quarters of this yeare of our Lord God, 1620.

Of Winter.

Winter (which is ye chiefe capital foe for the spring, the disgrace of Summer, and the daye denounter

of

of the fruitfull Harvest) began to take his effects (according to our vsuall computation) the 12. of December, in the yeare aforegoing, at the first entering of the Sun into the first minute of the signe Capricornus, at which time, the Sun shal be at his greatest south declination from the equinoctiall line, so that he riseth south-east, and setteth south-west. Now is the hiemall or winter solstice, for the Sun is so farre removed from our Zenith or verticall point, that he cannot decline any further, and stands at a stop and stay, and then is the shortest day in all the yeare & longest night: and so this quarter doth continue vnto the 11. of March next ensuing.

This season is by nature cold and moist, unpleasant for the most part to trauellers, either by land or sea, & vnto aged persons it is very combrous and noysom, causing superfluity of rawnesse, and abundance of cold moistnesse to ouerflow their bodies, to their great trouble & disquietnes &c. The diseases or sicknesses of this season are like to be wandering Agues, Coughes, hoarsnes, rheumes, with many other distemperatures, answerable to the state and condition of the season.

Of the Spring.

THe Sun (which is the eye of the world, the fountain of light, and the cheefe moderatour of all the rest of the lights) hath like a Gyant run his race, and finished his reuolution, (Gradatim) throughout the 12. signes, and now beginneth his iourny afresh againe, and goeth an euen course, and so becomes an indifferent arbiter betweene the day & night, and maketh an equality throughout his whole gouernment, to the great ioy and comfort of all his reuiued subiects. Chearing with his splendant countenance, the poore afflicted weather-worne wordes of this our darke starre of mortality, (which the darkned countenance of winters extremity had almost subdued) with his most excellent presence, wherat the earth begins to smile, and to put on her new apparrell, the florishing liuery of fresh Flora.

This season is naturally hot and moist, the most temperate time of the yeare, and least breeder of sickness that doeth

doth procure death, & a very conuenient time for the remooving of sicknesses and greefes gotten before, and also to auoid and preuent those that are to come: for now the dull senses and spirits of men and other Creatures, are quickned and reuiued, and therefore the humoures which do abound and are readiest to represse nature, are fit to be emptied and auoyded, whether by blood letting, purging, or otherwise, as the learned Physitian shall aduise, and as the cause of the disease shal require. Such therefore as be diseased, let them not neglect this time.

Sundry sorts of diseases this quarter, are supposed to happen, which I at this time omit. God Almighty who onely knoweth what shall come to passe, turne all euils away from vs.

Of Summer.

SUmmer, the third part of our vulgar yeare, according to our vsuall computation, beginneth now when the Sun hath fully determined the Spring time with his last Grade of Gemini, and hath mounted in his motion to the highest point of his course, namely to the first degree of Cancer, which will be this yeare on the 12. of June. Now is the second solstice of the yeare, called the festiuall or summer solstice: for euen as the sun when he entreth into Capricorne hath his greatest south declination from the equinoctial line: so now at his ingress into the beginning of Cancer, hee hath his greatest declination towards the North from the said equinoctiall line: and euen then as at the time of the winter solstice, he was so far remooued from our vertical point that he could moone no further towards the South, and was therefore to approach againe towards our North latitude, at which time he seemeth to stand: so nowe being come so neere our Zenith, that he cannot moue no further towards the North, and is therefore to reuert againe towards the South latitude, at his first gooing from vs, he seemeth to stand also: Insomuch, that euen as before at his returne towards vs, hee made with vs the shortest day and longest night in the yeare: so nowe at his returne from vs, he maketh contrarywise ye longest

gest day and shortest night in the yeare: and afterward declineth more and more from hot, like as he was before moued more and more toward hot.

This season according to his proper nature is hot & dry, turning the humours of mens bodyes from coldenesse and moysture, into hotnesse and drynesse, resembling the Element of fire, and complexion of Choller, bringing all fruites to their ripenesse, Cattle to their fatnesse, and men to their wealth.

The infirmities of this season are supposed to be hot burning Feauers, diuers inflammations with many other dangerous diseases which will proceed of the corruption of blood and Choller, &c.

Of the last quarter called Autumne.

Autumne, according to our accustomed Computation, the last quarter of this yeare, beginneth at the Sunnes departure from the last scruple of Virgo, into the first degree of the second equinoctiall signe Libra, the which will be this yeare on the 13 of September, the day and night being of an equall length as in the Spring: At which time is the Autumnall Equinoctiall. For euen as at the Sunnes entrance into Aries, the day by increasing from the Winter Solstice till then, came to be equall with the night, going on still more and more, till the Summer Solstice, when was the longest day and shortest night: So now the night by increasing from the Estiuall solstice to this the Sunns ingredience into Libra, hath got to bee equall with the day, and shall encrease more and more till the Brumall solstice come againe, when the night is longest and the day shortest: & this time is of it selfe inconstant and variable, warme in the day time, and cold in the night.

This quarter because of the inequality of temperature, may as Hippocrates saith, be called the Mother or nurse of

of deadly ſickneſſes. And Galen ſaith, that this time is moſt perilous: for whatſoeuer hath beene euill in the ſeaſon afore, and becauſe of the euill of the ayre in the hot Summer, it will giue great force to the peſtilence or the Eſtiuall Feuer.

Diſeaſes incident to this quarter, are. Putrefactions of the Spleene, Hemeroids, Gouts, obſtructions in the Liuer, Dropſies, Palſies, wandering Feauers, & many other melancholy diſeaſes.

¶ *A declaration of the inclination and diſpoſition* of the weather and winds, according to the diuers motions and influences of the Erraticall & fixed ſtars, with the day, houre, and minute of the change of the Moone, her full, & quarters: and alſo of the riſing and ſetting of the Sun, in euery ſeauenth day of euery month of this yeare of our Lord God, 1620.

¶ Of Ianuary.

Day	The ſunne riſeth.	The ſunne ſetteth.
1	houre 8 and 3 minuts	houre 3 and 57 minuts.
7	houre 7 and 56 minuts	houre 4 and 4 minuts.
14	houre 7 and 46 minuts	houre 4 and 14 minuts.
21	houre 7 and 34 minuts	houre 4 and 26 minuts.
28	houre 7 and 23 minuts	houre 4 and 37 minuts.

Firſt quarter the 2. day. 18. minuts after eight of the clocke at night, apt for the time.

Full moone the 9. day. 45 minutes after high noone, ſome fall of moyſture.

Laſt quarter the 16. day, about 11 of the clock in the forenoone, inclined to ſtormes.

New moone the 24 day. 25 min. after 3 of the clock in the afternoone, windy and vnconſtant.

Ianu.

Ianuaries Abstract.

In this Moneth of Ianuary let not bloud, neither pse but little physicke, except necessity constraine thee, and beware of taking cold, for in this month, Rheumes and Flegme do much increase: to fast long is hurtfull, but to drinke white wine fasting is good and wholesome: pse meats that are naturally hot moderately, & weare warm cloaths.

In worldly businesse this month you may set all kind of common fruit-trees, as Pears, Plums, Cherries, Filberds, Walnuts, and such like, Haw-thornes, and al sorts of quicke-sets, trees, or Plants, are fittest to be generally set, from the change to the first quarter.

Take away the Mosse and superfluous branches from your trees, & this month it is good to set Beanes, pease, parsneps, Radish, Leekes, Garlike, Turneps, and Onions, if the weather be mild, and the moone past her full. You may begin to Graffe at the end of this month, so as the moone be increasing in her light.

Good husbands also this month, crop their Trees, fell Timber, and geld their Cattell, such as must be gelded, the state of the moon alwaies considered.

¶ Of February.

Day	The Sun riseth.	The Sun setteth.
1	hou. 7 and 13 min.	houre 4 and 47 min.
7	hour 7 and 4 min.	houre 4 and 56 min.
14	hou. 6 and 50 min.	houre 5 and 10 min.
21	hou. 6 and 34 min.	houre 5 and 26 min.
28	hou. 6 and 22 min.	houre 5 and 38 min.

First quarter the first day, 37 minuts after 8. of the clocke in the forenoone, some storme to be expected.

Full moone the 7 day, 15 min. after 11 of the clock at night, winterly weather.

Last quarter the 15 day, 14 min after 5 of the clocke in the morning, stormy and windy.

New moone the 23 day 49 minuts after 8. of the clock in the morning, ruffling windy weather.

Februaries Abstract.

In this Moneth of February, all slimy Fish, Milke, or Rice, and such like, that do appilate or stop the Liuer and Veines, or thicken the blood, are to be eschewed as enemies to health: also yet forbeare Phlicke and letting of blood, except great necessity do constraine it, and learned counsell boadvise it. Beware of taking cold, for now are Agues apt to be taken, and it is very ill to take heate, and afterwardes sodain cold vpon them.

In this month, is the most apte time to graft, to plant, and to set all kind of trees and bushes, the winde & weather, and age of the moon afore-hand considered. Beanes, Beanes, Hastings, Onions, Parsneps, and such like, as in January may very fitly bee set in the Wane of the Moone. The time is now to trim vp Gardens, to set and sow all kinders of Kitchen hearbs, to set slips, and to sow Kernels, to sow Mustard seed and Dates, to set hops and Vines, and to cut and prune them, and to sticke vp your rouncivall Pease and Hastings.

¶ Of March.

Day	The Sun riseth.	The Sun setteth.
1	hou. 6 and 20 min.	houre 5 and 40. min
7	hou. 6 and 8 minut	houre 5 and 52 min
14	hou. 5 and 54 min.	houre 5 and 6. min
21	hour 5 and 40 min.	houre 6 and 20 min
28	hour 5 and 26 min.	houre 6 and 34 min

First quarter the 1 day 4 minutes after 5 of the clock in the afternoone, windy and vncertaine.

Full Moone the 8 day, 11 min. after 10 of the clocke in the forenoone, some fall of moisture.

Last quarter the 16 day, 38 min. before 1 of the clock in the morning, fitting the season.

New moone the 23 day, 17 min. after 11 of the clocke at night, reasonable temperate.

First quarter the 30 day, 41 min. after 11 of the clocke at night, ouer-casting clouds for raine.

Warm

Marches Abstract.

In this Moneth of March, the humours of mans body begin to increase: and nowe grosse feeding breedeth grosse blood and grosse humors: and therefore vse meats of good digestion, & such as breed good iuyce. It is a good time to purge and clarifie the blood, by potions, Bathings, and Blood-letting, or such other waies, as the learned Phisition shal appoint, and as the cause of the disease shal require. Now also sweet meats and drinkes are commendable.

The time of grafting as yet moareth, together with setting, sowing, plonting, and planting, of Vines, Hoppes, Willowes, Dates, Kidde-peale, Onions, and Parsneps, and such like, &c.

¶ Of April.

Day	The Sun riseth.	The Sun setteth.
1	hou. 5 and 18 min.	houre 6 and 42 min.
7	hour 5 and 6 min.	houre 6 and 54 min.
14	hou. 5 and 54 min.	houre 7 and 6 min.
21	hou. 4 and 39 min.	houre 7 and 21 min.
28	hou. 4 and 29 min.	hour 7 and 31. min

Full moone the 6. day, 7 minuts after 11 of the clock at night, inconstant and variable.

Last quarter the 14. day, 14. minutes after 7 of the clocke at night, fetting the season.

New Moone the 22 day, about 11. of the clock in the morning, ouer-casting clouds.

First quarter the 29. day, 53 minutes after 4. of the clocke in the morning, seasonable weather.

Aprils Abstract.

In this Moneth of April, the Pores of men are ope

opened, and are apt to receiue Phisicke: and they that now refuse the same, I commit them to the benefite of Nature, for of all times of the yeere, this is the best time to prevent causes of sicknesses, or for speedy remedie in extreamities: for now nature her selfe doth renew strength through all the body. So where sickenesse happeneth, shee soone vnburdeneth by the meanes of Phisicke: wherefore what it cannot bee now, hereafter it will hardly be done, therefore take time whilst time is, &c.

As yet you may graft and ympe Limes, also set Melons, Comcumbers, Citrons, Artichokes, and pole vp Hops, sow Barley, Tanners apply themselues to Barking of trees, &c.

May.

Day	The Sun riseth.	The Sun setteth.
1	hou. 4 and 23 min.	hour 7 and 37 min.
7	hou. 4 and 15 min.	hour 7 and 45 min.
14	hou. 4 and 5 min.	hour 7 and 55 min.
21	hou. 3 and 56 min.	houre 8 and 4 min.
28	hou. 3 and 50. min.	hour 8 and 10 min.

Full moone the 6 day, about 11. of the clock in the forenoone, inclined to moisture.

Last quarter the 14. day, 47. minuts after high noone, ouercasting Clouds.

New moone the 21. day, 13. minuts after 8. of the clock at night, answerable to the season.

First quarter the 28. day, 47 minutes after 10 of the clocke in in the forenoone, somewhat windy.

Mayes Abstract.

In this month of May rise early, for May doeth not loue any sluggards. And let such as be in health and able, walke into the fields, and to eate and drinke a little

herbes

ketimes is wholesome: abstaine from al meats as be of a hot nature. And for such as be sicke, it is a very good time to be let blood, or take physicke. Such as be whole God keepe them in health, and such as bee sicke, God send them good Physitians and Phisicke.

The time is fitting now to sow Basill, Marierom, & such like fine seeds as before might not bee sown, because of the weather for coldnesse. Set Sage according to the Prouerbe, set Sage in May & it will last alway. Sow flax and hemp, set Hartichoakes, weede your Hops and Gardens, set to your Grafts, & no superfluous branches trouble them: May dew, Rosemary flowers, and Beane flowers, may at your pleasure be distilled this month, and now also haue a care of watching your Bees.

¶ Of Iune.

Day	The sunne riseth.	The sunne setteth.
1	howre 3. and 49. min.	howre 8 and 11 minuts.
7	howre 3. and 46. min.	howre 8 and 14 minuts.
14	howre 3. and 47. min.	howre 8 and 13 minuts.
21	howre 3. and 49. min.	howre 8 and 11 minuts.
28	howre 3. and 52. min.	howre 8 and 8 minuts.

Full moone the 5. day, 7 minutes before one of the clock in the morning, faire and temperate.

Last quarter the 13 day, 11. minuts after 4. of the clock in the morning, pleasant weather.

New moone the 20 day, 57 minuts after 3 of the clock in the morning, some heate drops.

First quarter the 26 day. 43 minutes after 6, of the clock in the afternoone, apt for the time.

Iunes Abstract.

In this Moneth of June, if thou must needes vse Physicke, take it early in the Morning, that it may haue wrought before the heat of the day: and vse a light and thinne dyet, for the sto-

macke

macke is not now so able to digest as in winter, or some other of the former Monthes. It is very good and conuenient for some to drinke clarified Whay, boyled with cold Hearbes, and to abstaine from violent exercises.

Distilling of Roses, making Syrrops and conserues are now in the prime. Now gather such hearbs as you meane to keepe all the yeare, but be sure you dry them in y shade: Good Husbands and huswiues are now weeding of the Corne & Gardens, others shearing their sheep. The time serues to set Rosemary and Gilowflowers. Take heede now of cutting of either hedge, tree, or herbs, with knife, but rather gather them with your fingers. Now may you set Saffron, carry out compost, make Hay, rid Gardens of Snailes, Ants, or Pismires, &c.

¶ Of Iuly.

Day	The Sun riseth.	The Sun setteth.
1	hou. 3 and 54 min.	houre 8 and 6 min.
7	hou. 3 and 59 min.	houre 8 and 1 min.
14	hou. 4 and 7 minut	houre 7 and 53 min.
21	hour 4 and 20 min.	houre 7 and 40 min.
28	hour 4 and 30 min.	houre 7 and 30 min.

Full moone the 4. day, 48. minutes after 3. of the clocke in the afternoone, some ouercasting clouds.

Last quarter the 12. day, 18 minuts after 5. of the clock in the afternoone, pleasant weather

New Moon the 19 day, 9 minuts after 11. of the clock in the forenoone, soultry hot weather.

First quarter the 26. day, 23. minutes after fiue of the clocke in the morning, ouercasting clouds for raine.

Iulies Abstract.

In this month of July, vse cold hearbs, and cold meats, sustain no great thirst, for feare of breeding of Agues and Pestilence, abstaine from Physicke and extreame exercises. And now the Riuers are more wholesome then the

Baths. Let the Sunne be vp before you walke abroade, and take heed of filthy gutters, and stinking lanes. In the time of any plague or pestilence, keep your chamber windowes close shut, aswell all nights, as also in close, foggy, and moist daies, opening them when the sun hath force of shining, and bee sure to perfume your Chambers euery euening, with Mastick or Frankincence, or with Carre put vpon a Chasing-dish of Coales, then which nothing is better, and let them vse Cardus Benedictus, boyled and drunke fasting.

Hay harueſt now calleth ſlacke husbands to worke, and ſuch as haue leiſure, it is good to fallow for wheat, and to carry out loſſe, and to gather ſeeds and flowers to keepe all the yeare, and to dry the flowers in the ſhade, till they be almoſt dry, and then ſet them a while to the ſun, that they mould not: and in like maner may you dry your herbs.

¶ Of Auguſt.

Day	The Sun riſeth.	The Sun ſetteth.
1	hou. 4 and 36 min.	houre 7 and 24 min.
7	hou. 4 and 48 min.	houre 7 and 12 min.
14	hour. 5 and 0 min.	houre 7 and 0 min.
21	hou. 5 and 16 min.	hour 6 and 44 min
28	hou. 5 and 27 min.	hour 6 and 33 min.

Full Moone the 3. day, 13. minuts after 7 of the cloche in the morning, faire and pleaſant.

Laſt quarter the 11. day, 45 minuts after 3. of the clock in the morning, ſeaſonable and temperat.

New moone the 17. day, 38. minutes after 6. of the cloche at night, ſoultry hot weather.

Firſt quarter the 24 day, 48. minutes after 6 of the cloche at night, anſwerable for the time.

Auguſts Abſtract.

In Auguſt moderate diet is good Phiſicke, for now it is very daungerous to ſurfeit: and take good heede of heates and then colds, for nothing ſooner ingendereth Pleurifies. And vſe not to ſleep much, and eſpecially after noone, for making opilations, and for anoyding of

Agues

Agues, and the Headach, and Catharres. And let a man abstaine from phisick this month, except great necessity compell him

Now Lady Ceres lookes to haue men enough to attend vpon her, and he that will not now bestir him to gather in wheat, is well worthy to eate browne Bread at Christmas. They that would haue good seeds for their Garden the next yeare must now gather of their own, lest in buying abroad, they loose both their mony, fruit, and labour. And such as desire to haue Lettice, or other Herbes for winter, may commit seeds to the earth now in the increase of the Moone.

¶ Of September.

Day	The sunne riseth.	The sunne setteth.
1	howre 5 and 34 minu.	howre 6 and 26 minutes
7	howre 5 and 46 minu.	howre 6 and 14 minutes
14	howre 6 and 2 minuts	howre 5 and 58 minutes
21	howre 6 and 16 minu.	howre 5 and 46 minutes
28	howre 6 and 28 minu.	howre 5 and 32 minutes

Full moone the 1 day, 49. minuts after 10 of the clocke at night, some fall of moysture.

Last quarter the 9. day, 19 minutes after high noone, stormy and vnconstant.

New Moone the 16. day, 26. minutes after 3. of the clocke in the morning windy & vnconstant.

First quarter the 23. day, 11. minuts after 3. of the clock in the morning, fitting the time.

Septembers Abstract.

In this month of September, such as haue need may safely take Phisicke, and also may bath and bleede. In this month all things are in their proper vertue. And such fruits as are ripe, and not infected, are good to eat, for such as haue good stomacks.

The time is good to make conserues of Barberies and Quinces, winter herbs must be now sowne, likewise is the time to set Hartichokes, Rose-trees, Apples, Pears, Wardens, Strawberries, Violets, Gilowflowers. Apples are to be gathered at the full of the moon, sow Parsley neeps, and in dry weather gather your Hopps. Good hus-

bandry is sowing Rie and wheat, and good husbandry is making of Verjuyce, and plucking of Hemp. &c.

¶ Of October.

Day	The sunne riseth.	The sunne setteth.
1	howre 6 and 34 minu.	howre 5 and 26 minuts
7	howre 6 and 46 minu.	howre 5 and 14 minuts
14	howre 7 and 0 minuts	howre 4 and 0 minutes
21	howre 7 and 15 minu.	howre 4 and 45 minuts
28	howre 7 and 26 minu.	howre 4 and 34 minuts

Full Moone the 1. day, about two of the clocke in the afternoone, inclined to moisture.

Last quarter the 8 day, 7 minutes after seauen of the clocke at night, rainy and vnconstant.

New Moone the 15 day, 17 minuts after 2 of the clock in the afternoone, ouercasting Clouds for raine.

First quarter the 23. day, 48. minuts after seuen of the clocke in the morning apt for the time.

Full moone the 31 day 13. minuts after foure of the clocke in the morning, cold and cloudy.

Octobers Abstract.

In this month of October, thou mayst take Phlicke, and also bleed and bath if occasion serue, vse hot meates, and drinke any good wholesome wines to nourish good blood: and beware of taking colde, because the Quartam Ague will be apt to be taken, and such other dangerous diseases.

Remoue young Trees, as Apples, Peares, Quinces, Roses, &c. Set Peare, Parsneps, &c.

Good Husbands need not be hasted to sowing of wheat, set Nuts, Acornes, and Filberds, and to doing of such good husbandry.

¶ Of Nouember.

Day	The sunne riseth.	The sunne setteth.
1	howre 7 and 33 minuts	howre 4 and 27 minuts
7	howre 7 and 42 minuts	howre 4 and 18 minuts
14	howre 7 and 52 minuts	howre 3 and 8 minutes
21	howre 8 and 3 minutes	howre 4 and 57 minuts
28	howre 8 and 9 minutes	howre 3 and 51 minuts

First

Laſt quarter the 7 day 49. min. after one of the clocke in the morning, cold and cloudy.

New Moon the 14. day, 57. minuts after three of the clocke in the morning, wauering and vnconſtant.

Firſt quarter the 22. day, 23 minuts after 4 of the clock in the morning, windy and wet weather.

Full moone, the 29 day. 13. minuts after 5 of the clock at night, mutable and vncertaine.

Nouembers Abſtract.

In November ſmith the Philicke that yee meane to take, and ſo reſt till March, except ſom great neceſſitie compell thee: vſe good meats and wholeſome Wine to nourith thy blood: prounde thee warm clothing, and go dry of thy feet, or elſe make ſure account of rheume & Pole, beſides ſome other inconuenience that wil enſue. Beware of the hot houſe this month, and vſe Betony and Cinamon in drinke.

In the new of the Moone, yon may remoue young trees as in the laſt month, and ſet Crab-trees ſtockes to graft vpon, when you pleaſe. It is alſo a good time in the wane of the moone, to ſet Beale, Beans, and if the weather be not too hard, it is good ſowing of parſneps, good making of Malt, and killing of Beaues & Swine.

¶ Of December.

Day	The ſunne riſeth.	The ſunne ſetteth.
1	howre 8 and 12 minu.	howre 3 and 48 minutes
7	howre 8 and 14 minu.	howre 3 and 46 minutes
14	howre 8 and 15 minu.	howre 3 and 45 minutes
21	howre 8 and 12 minu.	howre 3 and 48 minutes
28	howre 8 and 7 minu.	howre 3 and 53 minutes

Laſt quarter the 6 day, 47 minuts after 9 of the clocke in the forenoone, winterly weather.

New moone the 13 day, 25 minuts after 8 of the clock at night, winoy and vnconſtant.

Firſt quarter the 4. day, halfe an howre before one of the clocke in the morning, inclined to moiſture.

Full moone the 29. day, 45 minutes after 4 of the clock in the morning, ſubiect to ſnow or rame.

In

Decembers Abstract.

In this month of December, keepe thy thy body and head from cold, and eate such meates as be of a hot quality, abstaine from physicke, and let thy kitchin be thy Apothecary, warme cloathing thy Nurse, merry company thy keepers, and good hospitality thy exercise.

Remoue trees and bushes as aforesaid in Nouember, if the weather proue not extreme. In the wane of the Moone, set Beans & Pease, and those herbs that cannot endure the cold, couer them with straw, or other prouision, from the frosts and snow. Finally, thus ending the old yeare, let vs repent vs, and forsake our old sins, and leade new liues, all the daies of this miserable and transitory life, that in the ende, we may be translated into euerlasting ioy and happinesse through Iesus Christ our Sauiour, who be praised for euer and euer, Amen.

A Precaution and aduertisement, made for euery Moneth of this yeare of our Lord God, 1620. declaring the dangerous dayes & nights to take any sicknesse, or to be sicke in: whereby euery man may take heed to himselfe, and so prouide in time for speedy remedy.

¶ Of Ianuary, 1620.

The 4 day and night, the 6 day dangerous the 11 and 12 dayes in like maner, the 18 day and night & the 19 also dangerous, the 26 day and all night till the next morning very dangerous.

¶ Of February, 1620.

The 2 & all night dangerous, the 8 day & night, and 9 day in like manner: the 15 and 16 dayes and nights also dangerous the 23 and 24 daies likewise, the 29 day & night vntill the next day at noone in like sort dangerous

Of

¶ Of March 1620.

The 2 day and moſt part of the night and 7 day dangerous, the 9 and 14 both dayes likewiſe, the 16 day and all night, vntill the next daye at noone in like manner, the 21 day and the 24 dayes and nights dangerous, the 28 and 31 dayes very dangerous.

¶ Of Aprill. 1620.

The 5 day and moſt part of the night, and the 7 day dangerous, the 10 day and moſt part of the night: and 15 likewiſe: the 17 day & all night vntill the next day at noone: and the 22 day and night alſo dangerous: the 24 day and night: and the 29 day very dangerous.

¶ Of May.

The 1 and 6 daies dangerous: the 8 day likewiſe: the 14 & 15 daies and nights dangerous: the 21 and 22 dayes in like manor, the 27 and 28 daies and nights very dangerous.

¶ Of June.

The 4 day and and all night dangerous, the 12 day likewiſe: the 18 day and night: and 19 day in like manner, the 25 day and all night alſo very dangerous.

¶ Of Iuly.

The 1 and 2 dayes dangerous, the 9 day and 10 dayes and all night vntill the next day at noone, in like manner the 16 & 17 daies and nights alſo dangerous, the 22 day and night: the 24 in like ſorte, the 29 and 31 dayes and nights very dangerous.

¶ Of Auguſt.

The 6 and 8 dayes and nights dangerous, the 15 day & night likewiſe the 19 and 22 dayes alſo dangerous: the 26 and the 29 day and night in like manner very dangerous.

¶ Of

¶ Of September.

The 2 and 6 daies and nights dangerous, the 9 day and all night: the 13 day in like maner, the 15 day and night, vntill the next day at noone, and the 19 day and al night also dangerous, the 22 and the 27 dayes and nights, and the 30 day likewise dangerous.

¶ Of October.

The 4 day and all night vntill the next day at noone, and the 7 day dangerous, the 11 day & all night, and the 13 day likewise, the 18 day and night and 20 day dangerous: the 26 day and night, and the 27 day very dangerous.

¶ Of November.

The 2 day and al night very dangerous, the 9 day and night in like manner, the 16 day and the 23 day & night vntill the next day at noone also dangerous: the 30 daie and all night, till the next day at noone very dangerous.

¶ Of December.

The 6 day and all night, and the 7 day dangerous, the 13 & 14 daies and all nights likewise; the 20, daie and al night till the next day at noon, and the 22 day and night also dangerous, the 27 day and night, and the 29 day dangerous.

Soli sapienti Deo, sola Gloria.

FINIS.